



Join us for an enriching learning experience designed to build the capacity of service providers to hold difficult co-parenting conversations with clients. Together we will establish and implement common language that providers can use when discussing healthy relationships and co-parenting, fostering a new norm of co-parents functioning as a team for the benefit of the child. Healthy Relationship Learning Community (HRLC) participants will be required to participate in monthly intensive capacity building activities September 2024 – June 2025.

KEY PROGRAM OBJECTIVES:

1. Enhance Service Providers' Skills: Develop the necessary skills to navigate challenging conversations about healthy relationships and co-parenting effectively.
2. Child-Focused Approach: Shift the focus to prioritize the
3. well-being and needs of children within co-parenting dynamics.
4. Foster Collaborative Co-Parenting: Encourage co-parents to work together as a team, putting their child's well-being at the center of their interactions.

In March 2021 the Fathers Corps began meeting with a variety of direct service providers and mental health specialists to identify the set of Healthy Relationship Principles (HRP). The HRP support service providers focus on the wellbeing of children and fostering healthy relationships among parents. The Healthy Relationship Learning Community will help support providers with incorporating HRP into direct service models.

REQUIREMENTS:

- Providers work directly with mothers and/or fathers on a regular basis.
- Agree to full participation in capacity building activities (September 2024 through June 2025) and all evaluation activities related to HRLC.

Training Date	Training Time	Location	Training Topic
September 19, 2024	11:00 am – 2:00 pm	In-Person! First 5 Alameda County 1115 Atlantic Avenue Alameda CA 94501 Conference Room A	Kick-Off / Defining Relationships and Family
October 17, 2024	11:00 am – 1:00 pm	Zoom	Taking Care of Yourself
November 21, 2024	11:00 am – 1:00 pm	Zoom	Communication is the Key: Curiosity is a Skill
December 12, 2024	11:00 am – 1:00 pm	Zoom	Communication is the Key: Active Listening
January 16, 2025	11:00 am – 2:00 pm	In-Person! First 5 Alameda County 1115 Atlantic Avenue Alameda CA 94501 Conference Room A	Communication is the Key: Let's Practice

Training Date	Training Time	Location	Training Topic
February 20, 2025	11:00 am – 1:00 pm	Zoom	Social and Emotional Intelligence: Exploring Relationship Wounds and Bias
March 20, 2025	11:00 am – 1:00 pm	Zoom	Social and Emotional Intelligence: Conflict Resolution
April 17, 2025	11:00 am – 2:00 pm	In-Person! First 5 Alameda County 1115 Atlantic Avenue Alameda CA 94501 Conference Room A	Social and Emotional Intelligence: Let's Practice
May 15, 2025	11:00 am – 1:00 pm	In-Person! First 5 Alameda County 1115 Atlantic Avenue Alameda CA 94501 Conference Room A	Process and reflect
June 13, 2025	11:00 am – 2:00 pm	In-Person! TBD	End of Year Celebration

Participant's Agency/Organization (if applicable)

Participant's Email Address

Participant's Phone

Name of Participant

Signature

Date

Briefly describe direct service you provide to families:

Name of Participant's Supervisor

Signature

Date

For questions about registration, contact: Virve Hernandez at Virve.Hernandez@first5alameda.org