A project with First 5 Alameda County

THE CHALLENGE

Kindergarten readiness is made up of one foundational and three advanced building blocks (Applied Survey Research, 2015 School Readiness in Alameda County Report).

Only forty-four percent of Alameda County Kindergarteners were strong in all domains of Kindergarten readiness.

Children who did not attend preschool and English language learners were less likely to be ready for school.

KINDERGARTEN ACADEMICS

SELF-REGULATION

SOCIAL EXPRESSION

SELF-CARE AND MOTOR SKILLS

READINESS STRENGTHS

- STRONG IN ALL DOMAINS: 44%
- KINDERGARTEN ACADEMICS: 64%
- SOCIAL EXPRESSION: 63%
- SELF REGULATION: 60%
- NOT READY IN ANY AREA: 20%

56% OF ALAMEDA COUNTY CHILDREN ARE NOT FULLY READY FOR KINDERGARTEN

DESIRMED OUTCOMES

Children are ready for Kindergarten and 3rd grade success

1 / Increased access to school readiness services for children 0-5 and their families

2 / Increased knowledge and use of best practices in early childhood and parent support at libraries, and park and recreation institutions

3 / Increased collaboration between these public institutions, school districts, and community based organizations

4 / Increased capacity for and commitment to sustainable early childhood programming at neighborhood based public institutions

THE OPPORTUNITY

Alameda County Kindergarten families reported that prior to school entry:

- 92% used public parks
- 52% used recreational programs

PROMISING PRACTICES IN KINDERGARTEN READINESS

- 11 STAFF TRAINED
- OVER 300 HOURS OF STAFF TRAINING COMPLETED
A SNAPSHOT OF THE FAMILIES IN 2015 - 2016

- 118 parents and caregivers participated
- 52 children served (2 infants and toddlers, 50 preschoolers)
- For most families, Spanish is their home language
- 86% of families surveyed reported that their child was not enrolled in licensed care (including preschool)
- 97% of parents reported that the services were respectful of their personal background
- 90% of parents surveyed reported that they play more with their child now
- 89% of parents surveyed reported that they now know more about how to help their child express emotions in a positive way
- 79% of parents surveyed reported they learned something new about their child’s strengths or needs

IN THE FIRST 3 YEARS...

448
BILINGUAL SPANISH/ENGLISH PLAYGROUPS

53
PARENTING EDUCATION CLASSES

FAMILIES ARE SAYING:

“My husband now participates a lot more at home. He sits down with my son and reads books to him. They practice his letters and numbers. We’ve made studying time a habit.”

“She practices reading, coloring, singing. She plays school every day. She is more respectful and mature.”

“My child] interacts better and participates more. She’s no longer shy and gets along with other children.”

“I think it is a great program, especially because it is introducing my child to a school structured environment”

For more information contact:
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PROGRAMS IN ACTION

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