



## Food/Nutrition and other Helpful Resources During Covid-19

### Information to Share with the Public

#### Food Access

AGENCY	RESOURCES	CONTACT INFO
<b>Alameda County Community Food Bank</b>	Food (Food distribution and Emergency Food Bags are available at some partner agency site.)	<a href="https://www.accfb.org/get-food/">https://www.accfb.org/get-food/</a> 510-635-3663 (Call the helpline for the most up to date information.)
<b>Alameda County Office of Education</b>	<b>NEW</b> Sites where meals are served at school districts throughout Alameda County	<a href="https://www.aceo.org/Page/989">https://www.aceo.org/Page/989</a>
<b>Berkeley Food Network</b>	<b>NEW</b> Food for Berkeley and Albany residents	<a href="https://berkeleyfoodnetwork.org/bfn-on-site-pantry-remains-open-during-covid-19-containment-period/">https://berkeleyfoodnetwork.org/bfn-on-site-pantry-remains-open-during-covid-19-containment-period/</a>
<b>Meals on Wheels</b>	Meals for older adults	<a href="https://www.sosmow.org/meals">https://www.sosmow.org/meals</a> <a href="https://www.feedingseniors.org/get-meals-1">https://www.feedingseniors.org/get-meals-1</a>
<b>Oakland Unified School District</b>	Grab & Go breakfast and lunch meals for students	<a href="https://www.ousd.org/covid-19studentmeals">https://www.ousd.org/covid-19studentmeals</a> <a href="https://www.ousd.org/cms/lib/CA01001176/Centricity/Domain/5869/OUUSD%20Free%20Meals%20Available%20During%20School%20Closure.pdf">https://www.ousd.org/cms/lib/CA01001176/Centricity/Domain/5869/OUUSD%20Free%20Meals%20Available%20During%20School%20Closure.pdf</a>

#### Announcements

AGENCY	ANNOUNCEMENT
<b>Berkeley Food Network</b>	<b>NEW</b> Many Berkeley Food Network mobile pantry partners have temporarily stopped food distributions; however, food distribution from the on-site pantry is still operating, following WHO recommended guidelines.
<b>California Assn of Food Banks</b>	<b>NEW</b> The House passed an aid package <a href="#">H.R. 6201 - Families First Coronavirus Response Act</a> ) that the President signed. During the pandemic, SNAP is



extended and additional EBT cards with money for food will be sent to families with children.

For food distribution guidelines during pandemic:  
[www.cafoodbanks.org/covid-19](http://www.cafoodbanks.org/covid-19). Scroll down to resources for “prevention practices for food banks and food pantries.

Action: to get a meaningful COVID-19 Cash Aid Proposal for the People”), call your house members about the third aid package to ask for financial package that is big, targeted and will last through this crisis #MoneyForThePeople

**Alameda County Social Services Agency**

**NEW**

Alameda County Social Services Agency (ACSSA) office lobbies are currently closed. Applications will continue to be processed, including Expedited Services for CalFresh and Immediate Need and Homeless Assistance for CalWORKs. Individuals who are receiving or wish to apply for Medi-Cal, CalFresh, CalWORKs, Refugee Cash Assistance, and General Assistance may use available **telephone, fax, mail, and online services**. Applications, renewals, documents, and reports can be submitted for most programs online at [www.MyBenefitsCalWIN.org](http://www.MyBenefitsCalWIN.org). You may also submit applications and information by telephone during the business hours of 7:30 AM to 5:00 PM, Monday through Friday, by fax at 510-670-5095, or by mail at P.O. Box 12941, Oakland, CA 94604.

Limited in-person access will be available for the following:

- Emergency EBT card/BIC or check pick-up.
- Homeless mail pick-up.
- CAPI Applications.

Clients who do not have access to a telephone and need to comply with a required telephone interview.

Clients who do not have access to a telephone or computer and their service request cannot be done by mail.

For more information:

<http://www.alamedasocialservices.org/public/index.cfm>

**Leah’s Pantry**

Offering a webinar next Monday, 3/23, on COVID-19 Response Recommendations and Best Practices for Food Pantries. Please consider joining if you work in a pantry setting. [Learn more or register here](#).

**Fresh Approach**

Effective Monday, March 16, all VeggieRx classes, volunteer activities,



and events at the Collective Roots Community Garden (volunteer hours, workshops, events) will be canceled, and these cancellations will remain in effect until further notice.

Farmers’ markets are a critical community food resource that operate in an open-air environment to feed the public. Mobile Farmers’ Market routes will continue to operate on a modified schedule as long as we are able. The schedule will continue to change. Know that Fresh Approach will be doing everything possible to keep the Mobile Farmers’ Market a safe place for shoppers, and staff, while providing food to the public.

**Alameda County  
 Community Food  
 Bank**

Even with the shelter-in-place order, you can leave to get food at pantry sites or the Food Bank. If you or someone you know is in need of groceries, please call the **Food Helpline at (510) 635-3663**.

**Alameda County WIC**

ACPHD WIC offices will be providing phone appointments only. Call 510-595-6400

**Emergency Grant  
 Funding**

**NEW**

FOR NONPROFITS: APPLY FOR A GRANT FROM THE SFF COVID-19 EMERGENCY RESPONSE FUND

SFF will make a limited number of one-time grants (\$3,000 – \$25,000) to nonprofits addressing the following four issue areas, described in greater detail below: racial bias, worker protection, homelessness and renter protection/housing security, and food security. If approved, grants will be processed within 10-15 days of application receipt. We also acknowledge that the needs of low-income communities, particularly the impacts for communities of color, related to COVID-19 will continue to evolve and grow over time. As a result, we anticipate having multiple waves of funding over the next several months to meet these needs.

<https://sff.org/for-nonprofits-apply-for-a-grant-from-the-sff-covid-19-emergency-response-fund/>

**Other Resources**

TOPIC	RESOURCE
<b>Oakland Unified School District Home Learning</b>	Resources for at home learning for students: <a href="https://www.ousd.org/covid-19studentlearning">https://www.ousd.org/covid-19studentlearning</a> K-12: <a href="https://docs.google.com/document/d/1aB5muRKcDOPi6_h2xd56ahV9qObP0PHD21xFVziI59A/edit">https://docs.google.com/document/d/1aB5muRKcDOPi6_h2xd56ahV9qObP0PHD21xFVziI59A/edit</a> PK and TK : <a href="https://docs.google.com/document/d/197iTSU_y2-">https://docs.google.com/document/d/197iTSU_y2-</a>



	<a href="https://www.ktm88muuyzviqj5gljhmTKvI9ssGENCNU/edit">XKm88MuUYzViqJ5gIJHmTKvI9ssGENCNU/edit</a>
<b>Free Internet</b>	Free Internet for Low Income Families During Coronavirus: <a href="https://www.ktvu.com/news/media-companies-to-offer-free-internet-to-low-income-families-during-coronavirus-crisis">https://www.ktvu.com/news/media-companies-to-offer-free-internet-to-low-income-families-during-coronavirus-crisis</a>
<b>Breastfeeding Information</b>	<a href="#">Continuing to Nurse Your Baby Through Coronavirus and Respiratory Infections</a> by <a href="#">La Leche League International</a> ( <i>many languages available</i> )  <a href="#">Academy of Breastfeeding Medicine Statement on Coronavirus Pregnancy and Breastfeeding: Information about COVID-19</a> by <a href="#">Centers for Disease Control and Prevention</a>  <a href="#">Providing Care for Breastfeeding Dyads During COVID-19 Outbreak</a> by <a href="#">Anne Eglash MD, IBCLC, FABM</a>  <a href="#">USBC Infant and Young Child Feeding in Emergencies, including COVID-19</a>
<b>#FoodFri</b>	Next week's #FoodFri will cover food security and food safety during the COVID-19 pandemic. Join MomsRising (@MomsRising), the Center for Science in the Public Interest (@CSPI), the Food Research and Action Center (@fractweets), and National WIC Association (@NatWICAssoc) to discuss how families who have been affected by the pandemic can access food, what the pandemic means for students who rely on school meals, the safety of ordering in and breastfeeding during the pandemic, preparing your pantries for self-quarantine and shelter-in-place! WHEN: Friday, March 27, 2020, 10 am PT Where: On Twitter, using #FoodFri WHO: @CSPI, @MomsRising, @fractweets, @NatWICAssoc and YOU!
<b>Berkeley Mutual Aid Network</b>	Connecting those who want to help with those who have a need: <a href="https://www.berkeleymutualaid.org/">https://www.berkeleymutualaid.org/</a>
<b>Academy of Nutrition &amp; Dietetics</b>	<b>NEW</b> Science-based information about supporting health with good nutrition during pandemic. <a href="https://www.eatright.org/coronavirus">https://www.eatright.org/coronavirus</a>

## Agency Support Needs (Volunteer/Donation Opportunities)

### Berkeley Food Network **NEW**

If you are someone who is not a member of a high-risk population, please consider volunteering. Please go to [our volunteer signup page](#) to get more information about volunteering and to sign up.



If you are able, we are seeking help with anticipated increased costs during the period of elevated need in our community. To donate: [Donation page](#).

**East Oakland Collaborative NEW**

Taking limited volunteers to call restaurants, making connections with chef.

Accepting donated non-perishables (snacks, snack packs) and prepared food.

**Oakland Public Education Fund NEW**

Oakland Education Fund supports Oakland families in bridging monetary needs with resources

[.https://www.oaklandedfund.org/](https://www.oaklandedfund.org/)

**AC Community Food Bank:**

<https://www.eventbrite.com/e/weekday-volunteering-at-accfb-please-register-each-volunteer-individually-tickets-99221962561>

Money is the best way to help ACCFB. To donate: <https://donate.accfb.org/>

**Meals on Wheels:**

<https://www.sosmow.org/meals>

<https://www.feedingseniors.org/volunteer>

**Oakland at Risk: NEW**

If you are a healthy adult under 60 whose risk factors are low and are willing to be paired with someone with high risk factors volunteer for Oakland at Risk Match Program. Once a match is made, you and your match can coordinate delivery of essential supplies such as food and prescriptions and you can create a check in schedule by phone or other electronic method.

<https://www.oaklandatrisk.com/?fbclid=IwAR0kyK7vp6rpLbJTVGzHT2yoEF3nsV8HpQ-hGCBv4AHN-dfJiaawpBOBTj8>

[go here](#) if they are in Oakland and [go here](#) if they are in Fremont.

To donate: <https://www.feedingseniors.org/givetoday>

**California Association of Food Banks NEW**

Ways to help the community: <https://californiavolunteers.ca.gov/get-involved/covid-19/>

**Rooting Resilience NEW**

This site was populated through information shared with Oakland Food Policy Council, Women in Food and Agriculture, and other locally based leaders. The goal is to provide a helpful, central place to share supportive, curated information. <https://sites.google.com/view/food-resources-4-the-bay-area/home>

**Berkeley Mutual Aid Network NEW**

Connecting those who want to help with those who have a need: <https://www.berkeleymutualaid.org/>