

Fatherhood Partnership Training Dialogue on Trauma & Sensitive Topics

February 18, 2021
Handout

I. Paper and Pencil Trauma Assessments

- A. Post-Traumatic Checklist
- B. Satisfaction with Life Scale
- C. Davidson Trauma Scale

B. Book Recommendations

- A. Post-Traumatic Slave Syndrome (DeGruy)
- B. The Stress Management Workbook (White)
- C. Black Pain (Williams)
- D. Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body, and Society (Van der Kolk, McFarlane)

C. Local Resources

- A. <http://psychologytoday.com>
- B. <http://stresscaretraining.org>
- C. Concept of Self-Care