

# On the Road to Recovery

## Alameda County Child Care Check-In

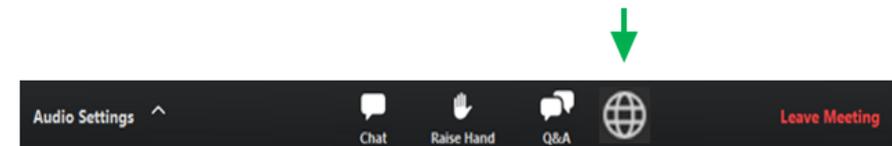
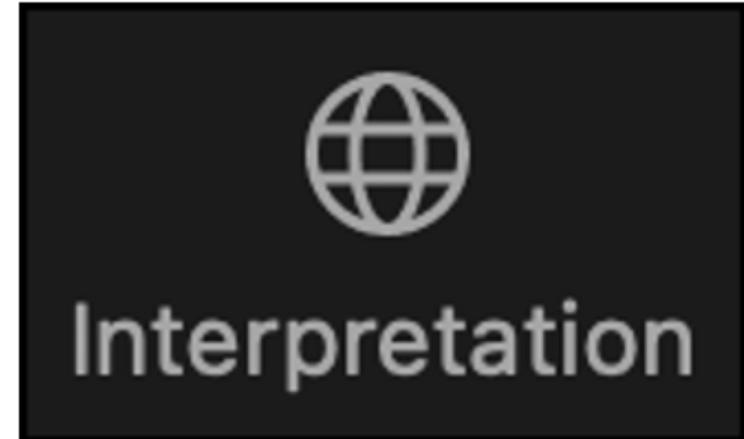
December 2<sup>nd</sup>, 2021

ALAMEDA COUNTY EMERGENCY CHILD CARE  
RESPONSE TEAM



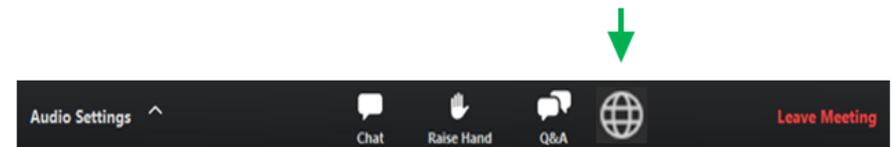
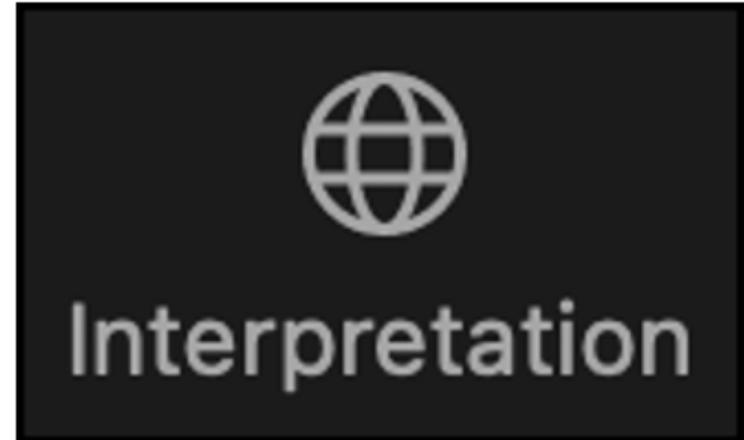
# Welcome! Bienvenidos!

- **If you are participating in this session and speak English:**
  - Locate the globe at the bottom of zoom screen
  - Click on the globe
  - Choose English
  - If you have technical issues, please use the Q&A box
- **Si usted está participando en esta sesión en línea y habla Español:**
  - Localice el globo en la parte inferior de la pantalla de Zoom
  - Presione sobre el globo
  - Escoja Español
  - Presione sobre el globo otra vez
  - Presione sobre “mute original audio”
  - Si tiene problemas técnicos, por favor utilice el área de chat



## 中文指示

- 如果您參加此次的視訊座談並說中文：
  - 在Zoom螢幕下方找到地球圖示
  - 按下地球圖示
  - 選擇中文
  - 再按一次地球圖示
  - 按下“將原音靜音” (mute original audio)
  - 如果您有任何技術上的問題，請使用Q&A區塊



# Housekeeping & Attendee Tools

- Session is recorded 
- Attendees are muted 
- Submit your questions through chat  or when prompted, unmute yourself to speak 



# Tonight's Featured Discussion

ALAMEDA COUNTY EMERGENCY CHILD CARE  
RESPONSE TEAM



- COVID-19 Vaccine and Booster Updates
- What to Expect - Rate Increases for CC Providers serving families on child care payment programs
- Resources
- Announcements
  - Future of Check-In's
- Q&A and Close



# WELCOME

## Tonight's Guest Presenters



**Dr. Noemi Spinazzi**  
UCSF Benioff Children's  
Hospital



**Lisa Erickson**  
Health Care Services  
Agency

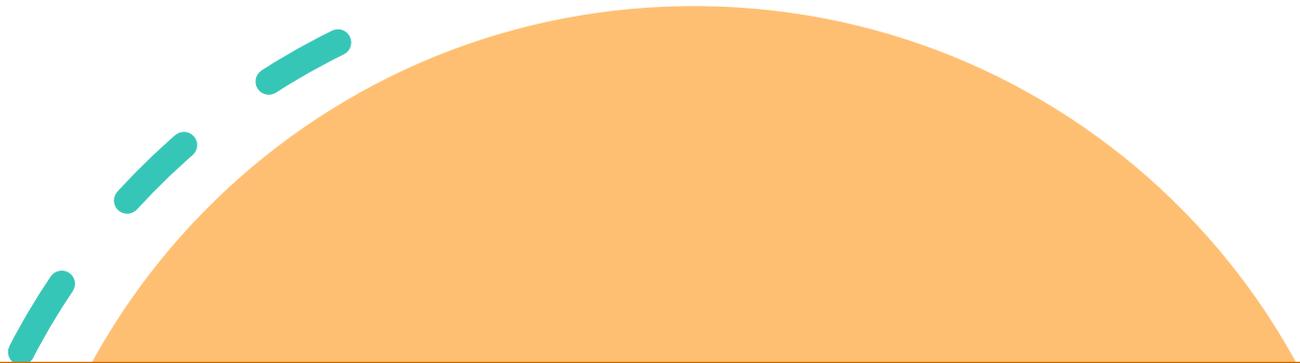


**Vincent Piscar**  
4Cs



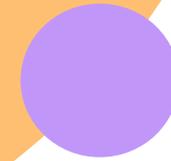
**Michele Rutherford**  
First 5 Alameda





# COVID-19 Vaccine and Booster Updates

UCSF Benioff Children's Hospitals





# Covid-19, staying healthy, and the vaccine

**Noemi Spinazzi, MD**

Primary Care Doctor

UCSF Benioff Children's Hospital Oakland

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Center for Child and  
Community Health

**UCSF**

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University of California  
San Francisco

  
**UCSF** Benioff Children's Hospital  
Oakland

# Values of Trauma-Informed Systems



**Transparency**



**Safety**



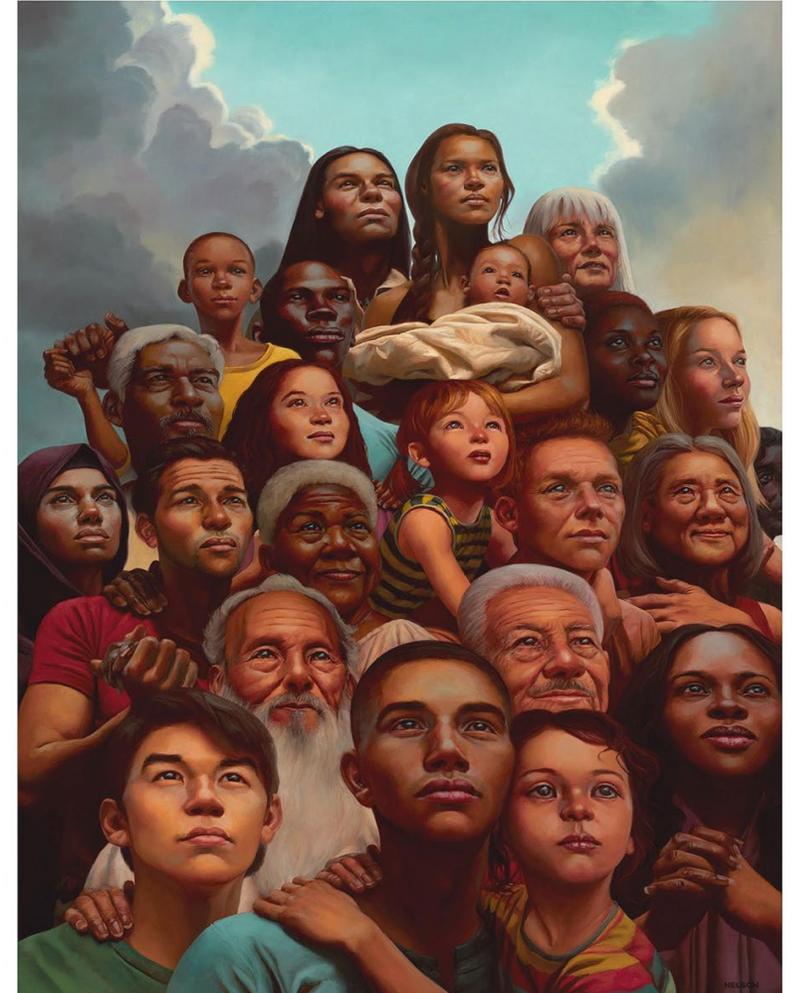
**Racial Equity**



**Collaboration and Empowerment**



**Recovery and Resilience**



# Shared Goals

1. To keep our families safe and healthy
2. To protect each other as a community
3. To protect our children from harm



# Fighting Misinformation

**“What keeps me up at night is misinformation and disinformation, and how fast it's moving. I wouldn't have predicted that in the throes of a national pandemic, there would be actors pushing intentional misinformation, often targeted at the very groups that are suffering the greatest.**

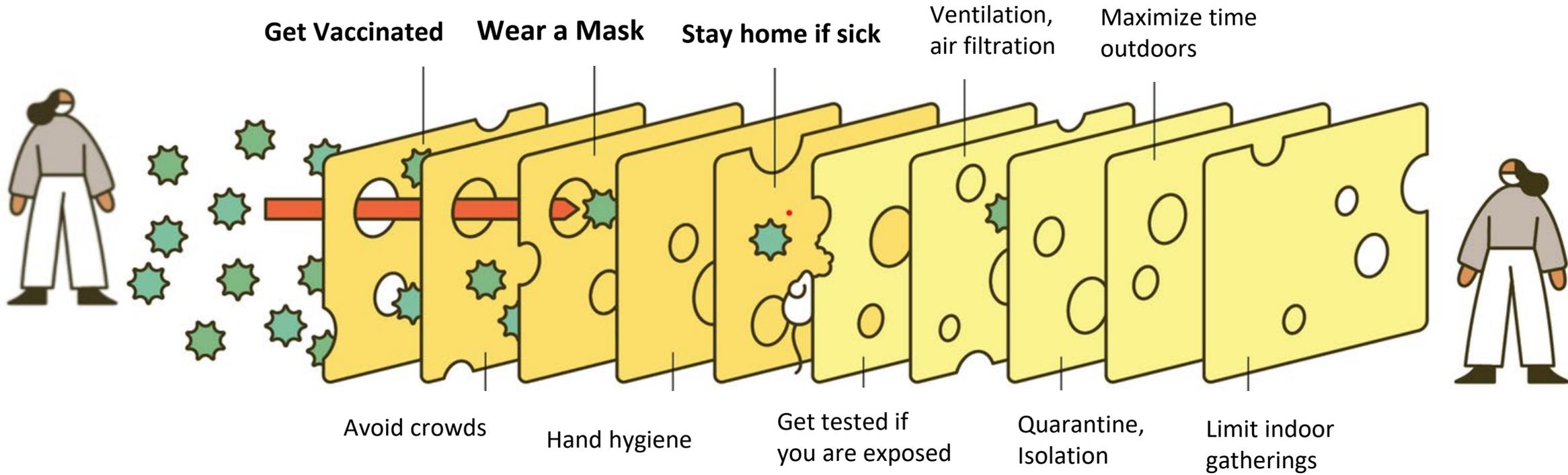
**I'm hoping, as part of the new normal, that we really restore trust in...science and evidence and data.”**



**-- Marcella Nunez-Smith, MD, MHS  
Co-Chair, President Biden's COVID  
Equity Task Force**

# Swiss Cheese Model of Defense

Multiple layers of defense improve success.



Source: [New York Times](https://www.nytimes.com)

# Wear a Mask



**Masks really work to decrease the spread of Covid-19**

Wear your mask all the time except when eating or drinking

Wear your mask over your nose and mouth

Remind your friends to wear their mask, and wear it correctly

# Stay Home if Sick

- Stay home for:
  - Any symptom in student within 24 hours
  - If you are waiting for the result of a Covid test
  - If anyone at home has Covid-19
  - If you have been told to quarantine by the school or a doctor
- **If you are feeling sick, get tested!**

ional Cen

# Stay home

when you're sick



If you have a runny nose, fever, cough, upset stomach, headache, loss of taste or smell, or other symptoms, stay home and get well.

Center for Child and  
Community Health

UCSF

University of California  
San Francisco



UCSF Benioff Children's Hospitals

# When In Doubt, Get Tested

## *When should I get tested?*

- Confirmed Exposure to Covid-19
- Household contact with Covid-19
- Any symptoms that could be due to Covid-19

## *Which test should I use?*

- PCR more accurate, results take at least 12 hours
- Rapid test is less accurate, quick result available



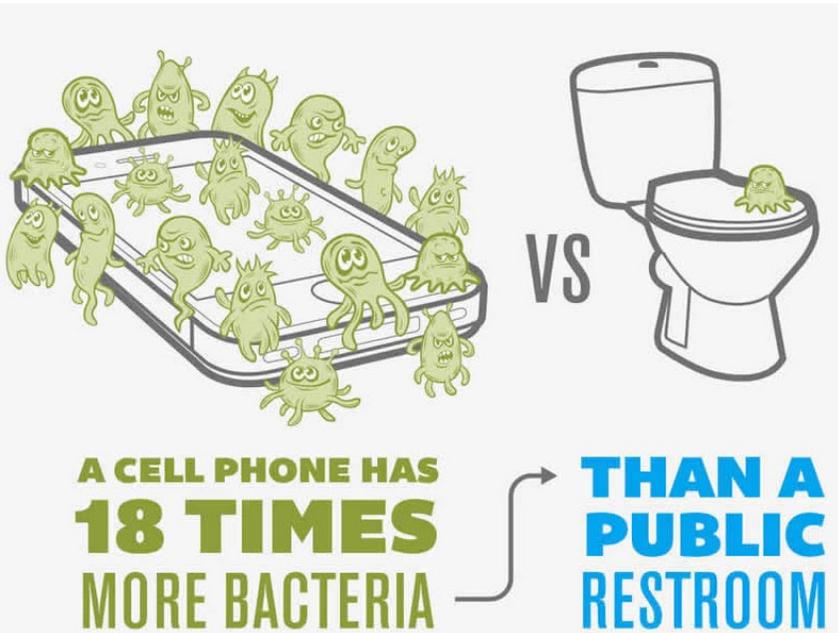
# Hand Hygiene



Hand hygiene after touching door knobs, light switches, and your phone!

Hand sanitizer works well

Washing with soap and water for at least 20 seconds before and after eating, and after using bathroom

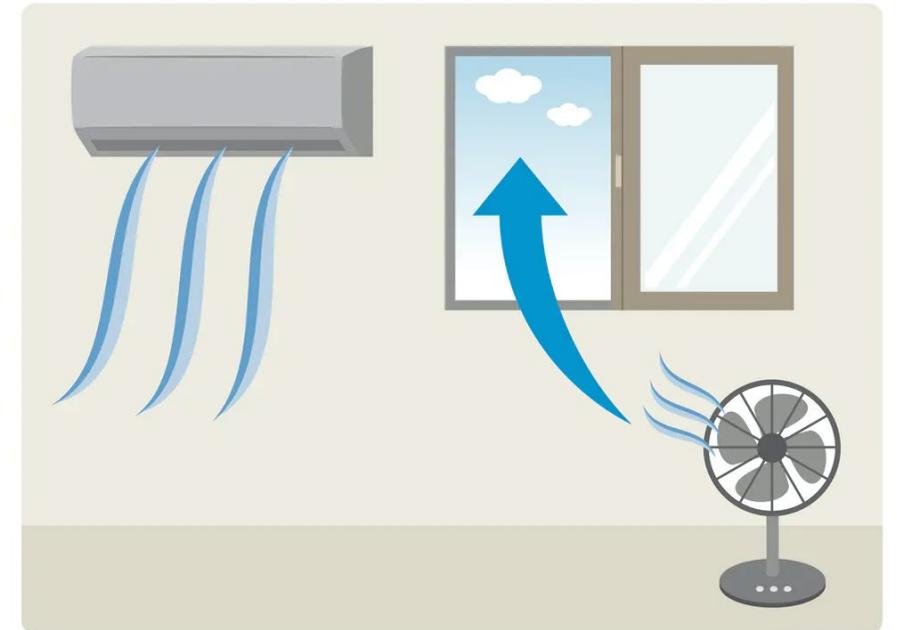


# Ventilation and Filtration

**Opening windows can help exchange the air**

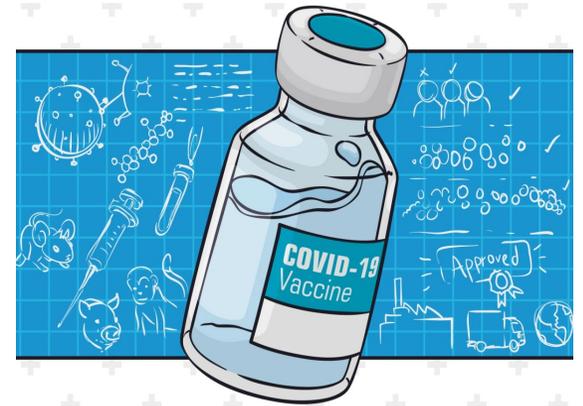
Classrooms have air purifiers that are disinfecting the air

Whenever possible, gather outdoors



# How Vaccines Work

- **A vaccine is a lesson for our body's defense system.** It teaches the body to recognize a germ before we ever come in contact with it in real life
- The COVID vaccine contains instructions for our body to make one important piece of the virus, called the “spike protein”, for our body to study and learn to recognize.
- **The immune system needs time to learn the lesson:** that's why someone is “fully immune” 2 weeks after the second dose



# COVID 19 Vaccines

## Pfizer: 2 doses

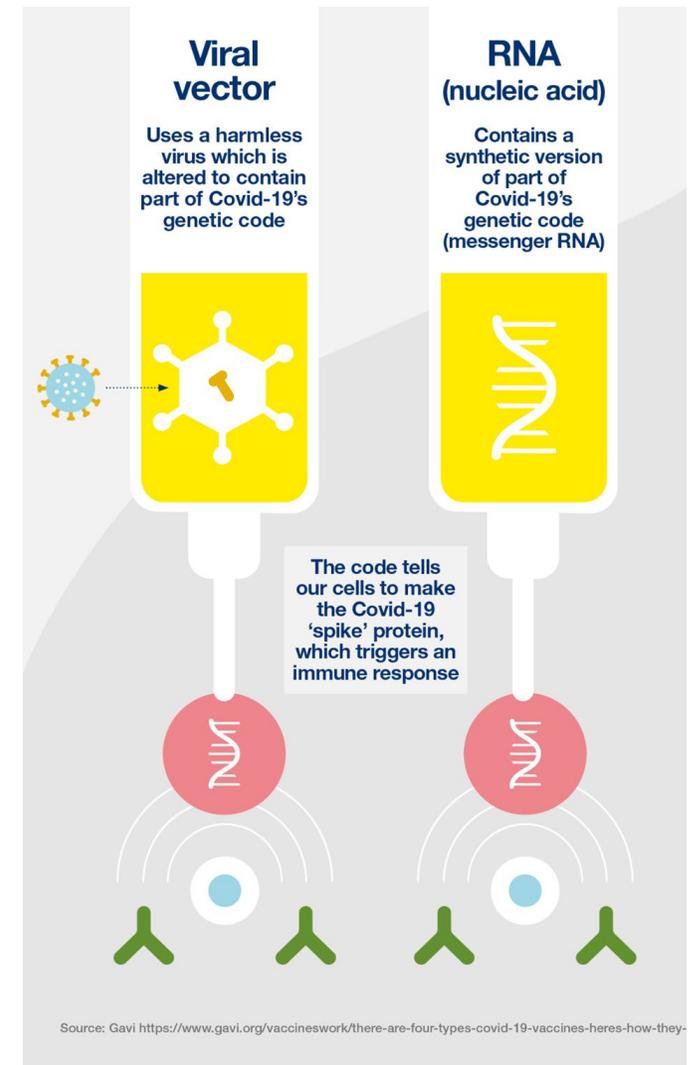
- Approved for children 5 years and older
- Need a booster after 6 months if over 18

## Moderna: 2 doses

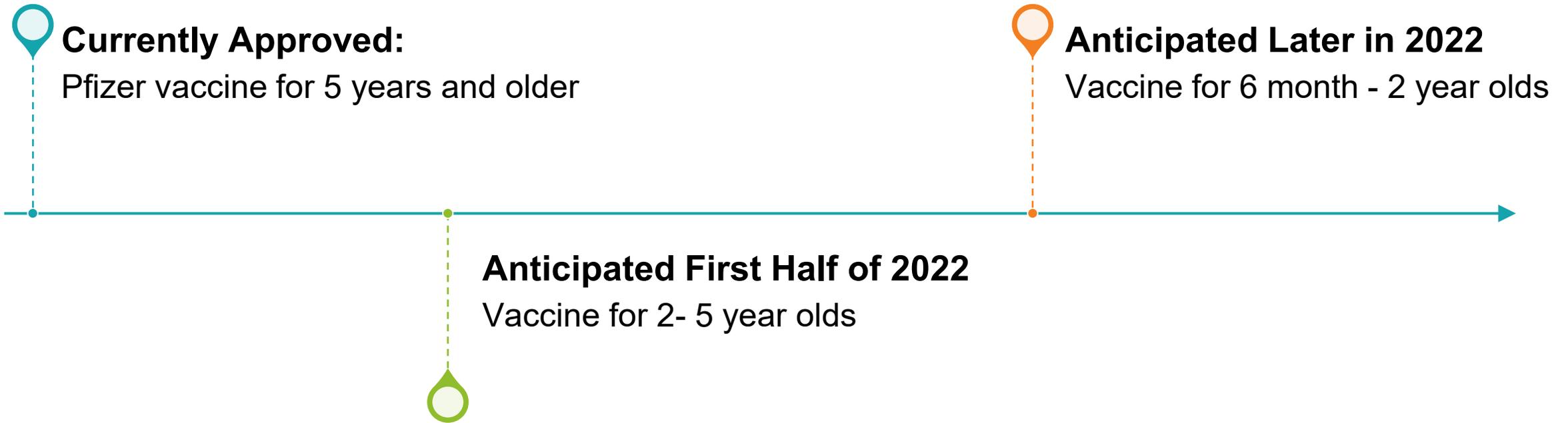
- Approved for 18 years and older
- Need a booster after 6 months if over 18

## Johnson and Johnson: 1 dose (for now)

- Approved for 18 years and older
- Need a booster at least 2 months after initial dose

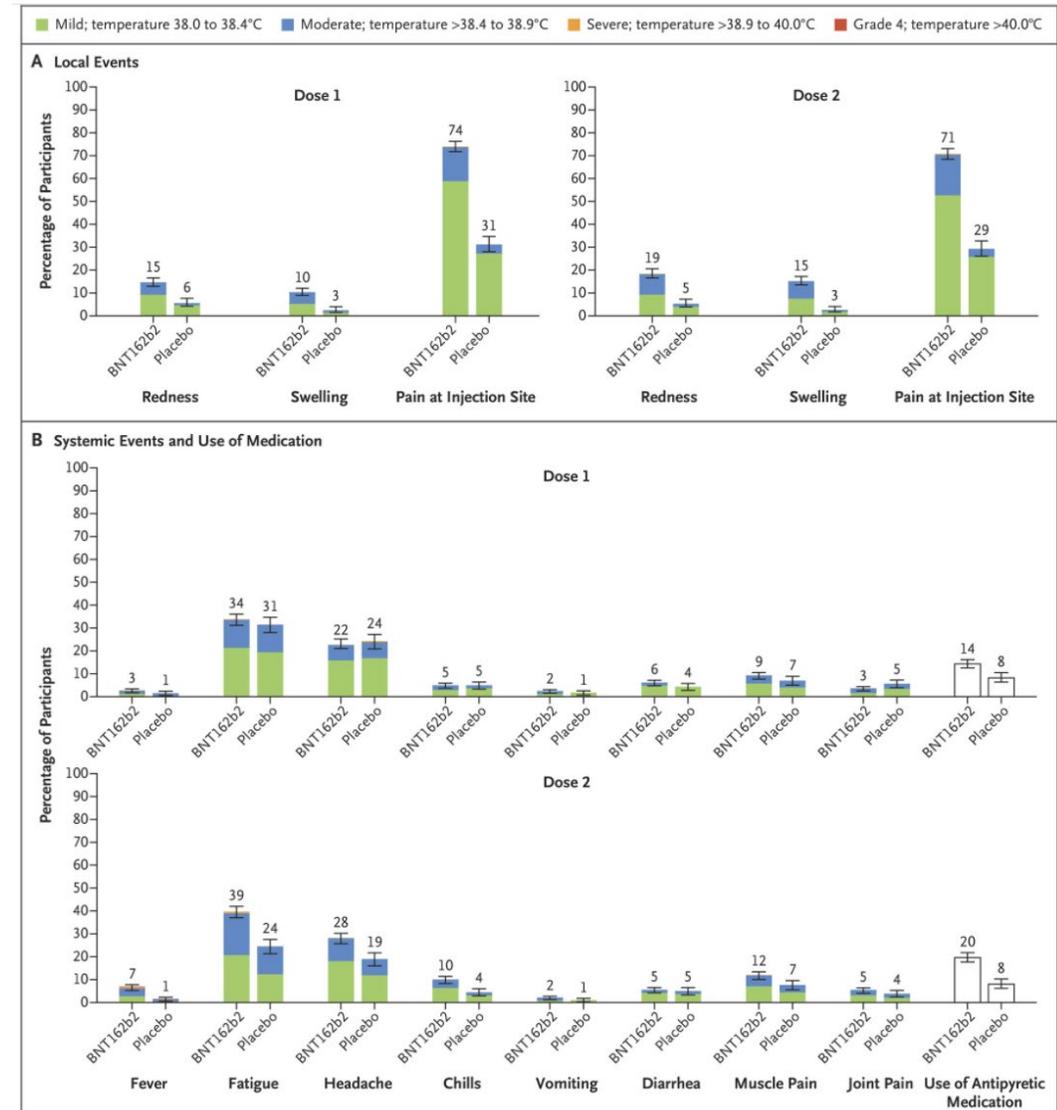


# Covid 19 Vaccine and Children



# Vaccine Science for 5-11 year olds

- 2268 volunteer children were randomly assigned to receive the Pfizer vaccine (1517 children) or placebo (751 children).
- Favorable safety profile. No vaccine-related serious adverse events were noted.
- Vaccine efficacy at preventing Covid-19 infections: 90.7%



# The Vaccine is Safe

- Studied extensively for safety and effectiveness in large clinical trials
- Most people will feel some mild side effects after the second dose
- Serious side effects are very very rare
- Equally safe in children and teenagers

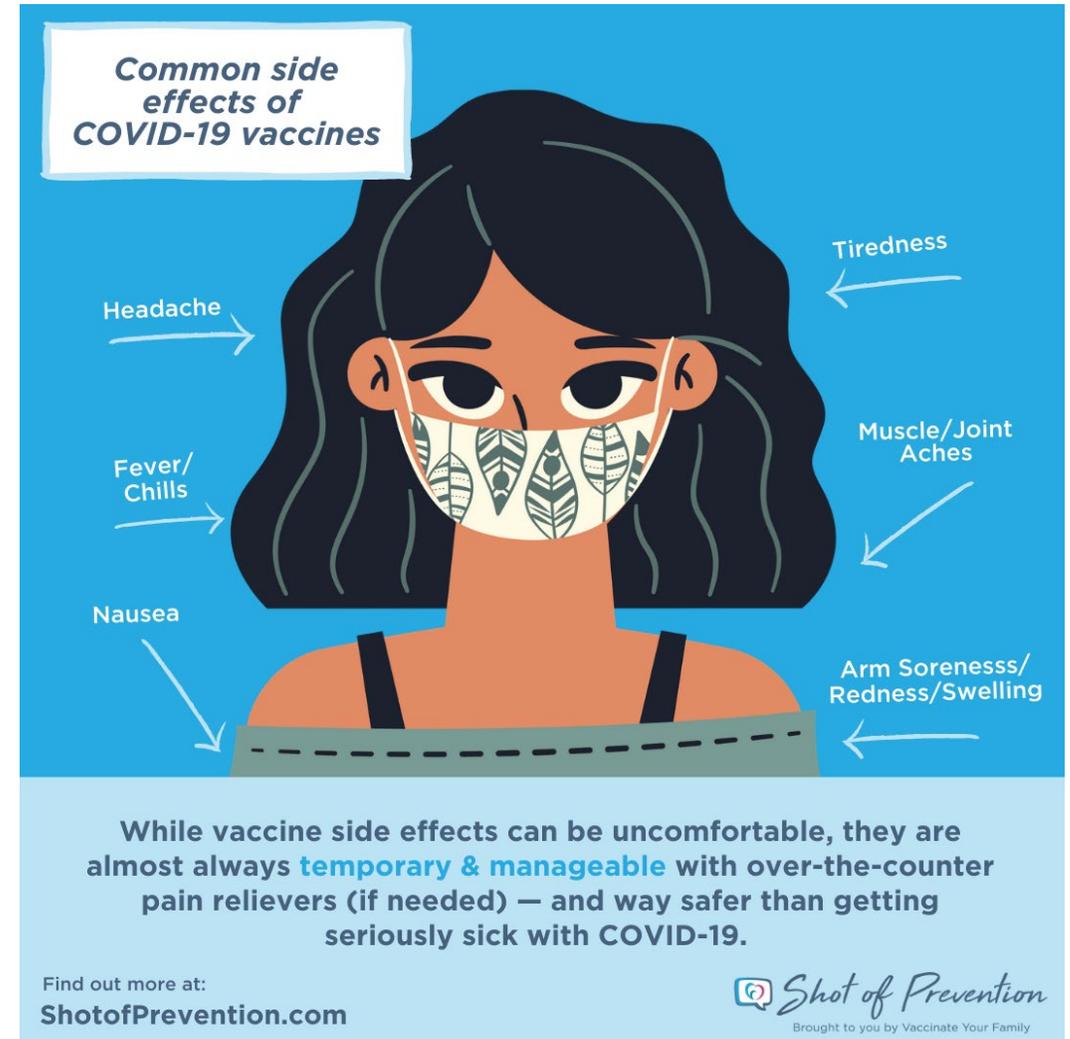
**All ingredients  
in COVID-19 vaccines  
are safe**

Ingredients help keep the vaccine blended together, stable and even at the injection site a little longer. All tests have confirmed that these components are safe for people.

World Health Organization  
COVID-19 vaccine fact series

# Common Side Effects - Likely to Experience These!

- Sore arm
- Swollen lymph nodes
- Fever or chills
- Fatigue
- Muscle aches
- Headache
- Nausea



# Severe Side Effects Are Very Rare

**Side effects can occur with all medications and vaccines**

**Myocarditis** = Transient inflammation of the heart muscle.

- 2-3 cases for every 100,000 vaccines given, a few days after the second dose
- More common in younger males, 16-29 years old
- Covid-19 infection also causes myocarditis: more often, and more severe
- If you develop chest pain, shortness of breath, abnormal heart beat after the vaccine, seek medical care

## **Allergic reactions and anaphylaxis**

- 3-11 cases per 1 million vaccines given
- Everyone is advised to remain under observation for 15 minutes after receiving the vaccine

# My child is healthy - Why get vaccinated?

## Over 5 million children have been infected with Covid-19

- 19,940 hospitalizations
- 4,600 cases of MIS-C
  - 62% Hispanic or Black

## Pandemic continues to take a toll on other facets of children's lives

- Mental and emotional health
- Social well-being and development
- Educational Experience

## One third of adolescents aged 12-17 hospitalized with COVID-19 require intensive care

- 5% will require mechanical ventilation

## One third of pediatric Covid-19 deaths have been in previously healthy children with no prior medical conditions

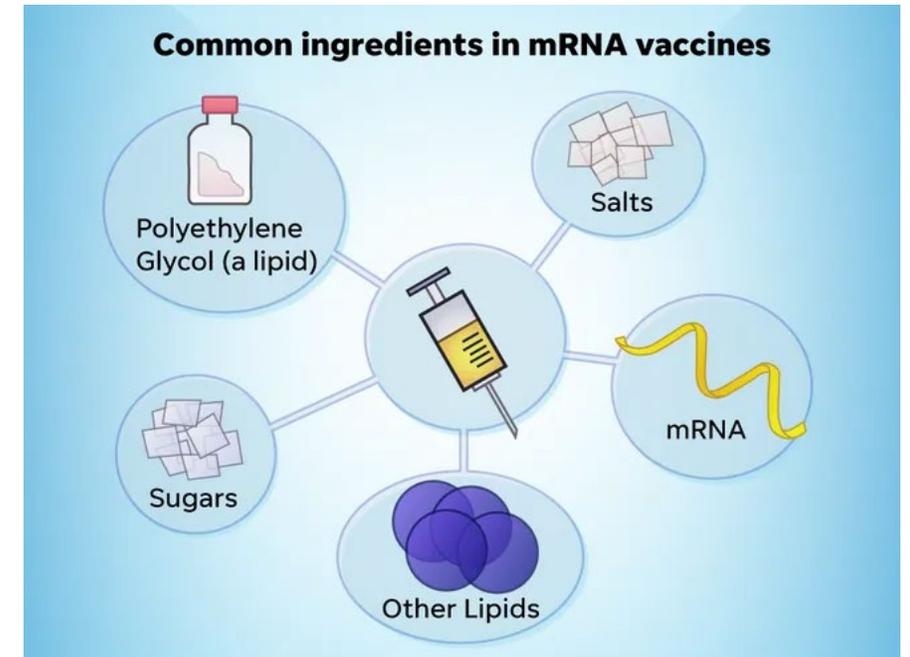


# Vaccine vs. “Natural Immunity”

Vaccine-Induced Immunity	Infection- Induced Immunity
5 times <b>more effective</b> at preventing Covid-19 infection	<b>Less effective</b> , 5 times greater chance of becoming re-infected
<b>Longer-lasting</b> , booster needed after 6 months	<b>Shorter lasting</b> , immunity fades after just 3 months
More predictable response, <b>reliable protection</b>	<b>Less predictable</b> : one third of people do not develop any immunity after infection
Vaccinated people are <b>8 times more protected from hospitalization</b> from Covid	To get immunity from infection, you have to get sick first! <b>95% of hospitalized patients are unimmunized</b>
Vaccinated people are <b>11 times more protected against death</b> from Covid-19	<b>99% of deaths</b> from Covid-19 in the past several months were in <b>unvaccinated</b> people

# What's in the Vaccine?

- What is in the vaccine?  
mRNA, Fat, Sugars, Salt
- Is there a microchip in the vaccine?  
No, not true
- Are there magnets in the vaccine?  
No, not true
- Can the mRNA change your DNA?  
No, not true



# The vaccines were created fast. How can we be sure they are safe?

- After the SARS scare of 2001, scientists around the world started preparing for a possible coronavirus pandemic
- Scientists like Kizzmekia Corbett and Özlem Türeci have been working on this vaccine their whole careers
- mRNA vaccine technology has been studied for over 20 years
- We were lucky to have all the science and technology ready to go when Covid-19 came along.



# Other Frequently Asked Questions

## **How can we be sure it is safe for our children and our families?**

The vaccine was heavily tested for safety prior to becoming available to the community.

## **What about long term side effects?**

Long term side effects appear within 2 months of vaccination. That's why the vaccine was studied for safety for at least 2 months prior to being made available to the public, and no long term concerns arose

## **My family doesn't do vaccines, we never get the flu shot. Why should they get this one?**

Covid-19 has upended the world as we know it. It is a very deadly virus. Getting vaccinated against Covid will prevent many infections, long term symptoms, and most hospitalizations and deaths from Covid-19

## **Why get it if you can still get Covid-19?**

Getting vaccinated prevents nearly all hospitalizations and deaths from Covid-19

# Get Protected!

If you are vaccinated, you are less likely to bring the virus home to your family

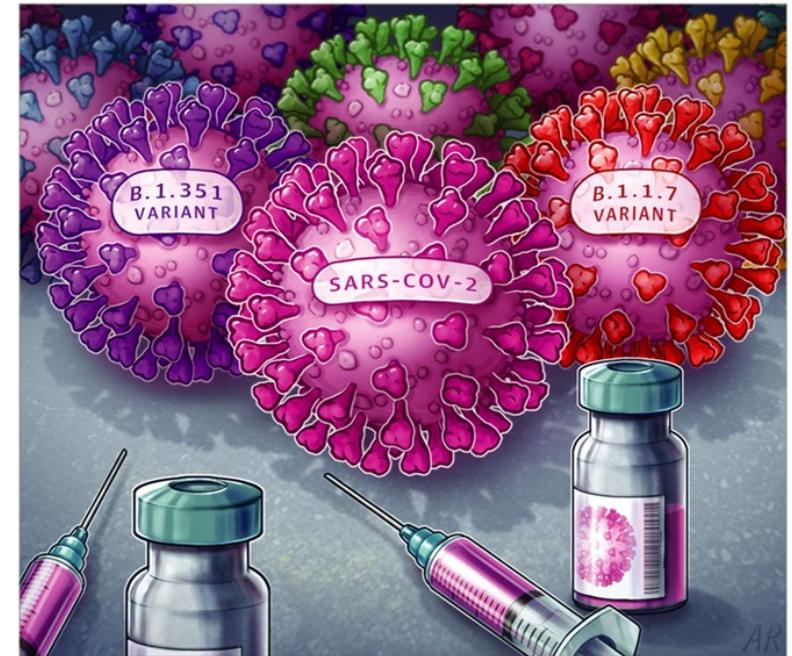
Protect yourself and your family members



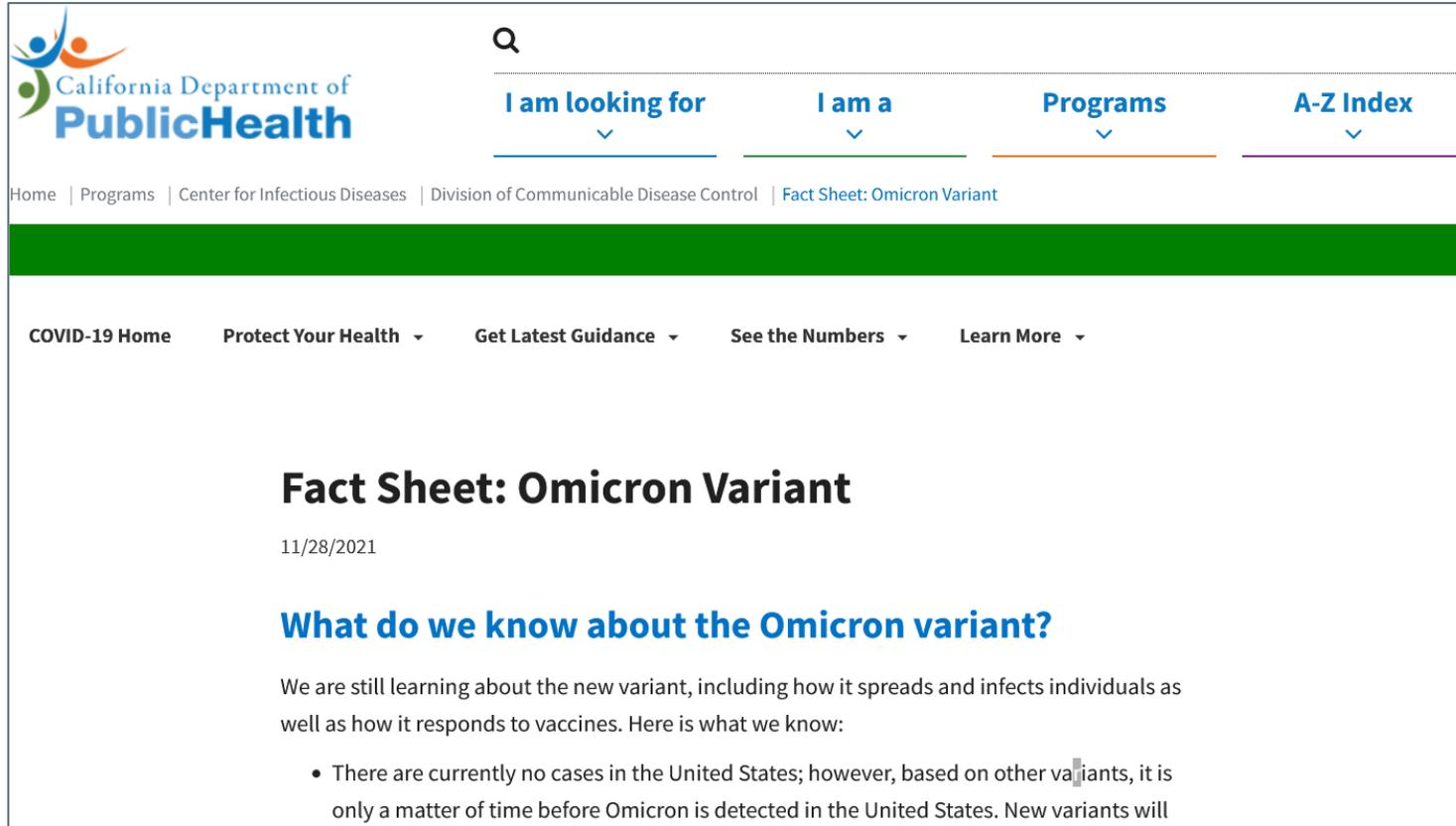
# Covid-19 Variants

- When a virus makes more copies of itself inside a body, it can make small typos, called **mutations**
- When enough mutations accumulate, they create **variants**
- Delta was a more contagious variant
- **Omicron**, in the news: 32 mutations
- Likely much **more contagious**
- Concerns for immune evasion, more severe disease

**We are not out of the woods:  
Continue to use all layers of defense**



# CA Dept of Public Health – Omicron Variant Fact Sheet



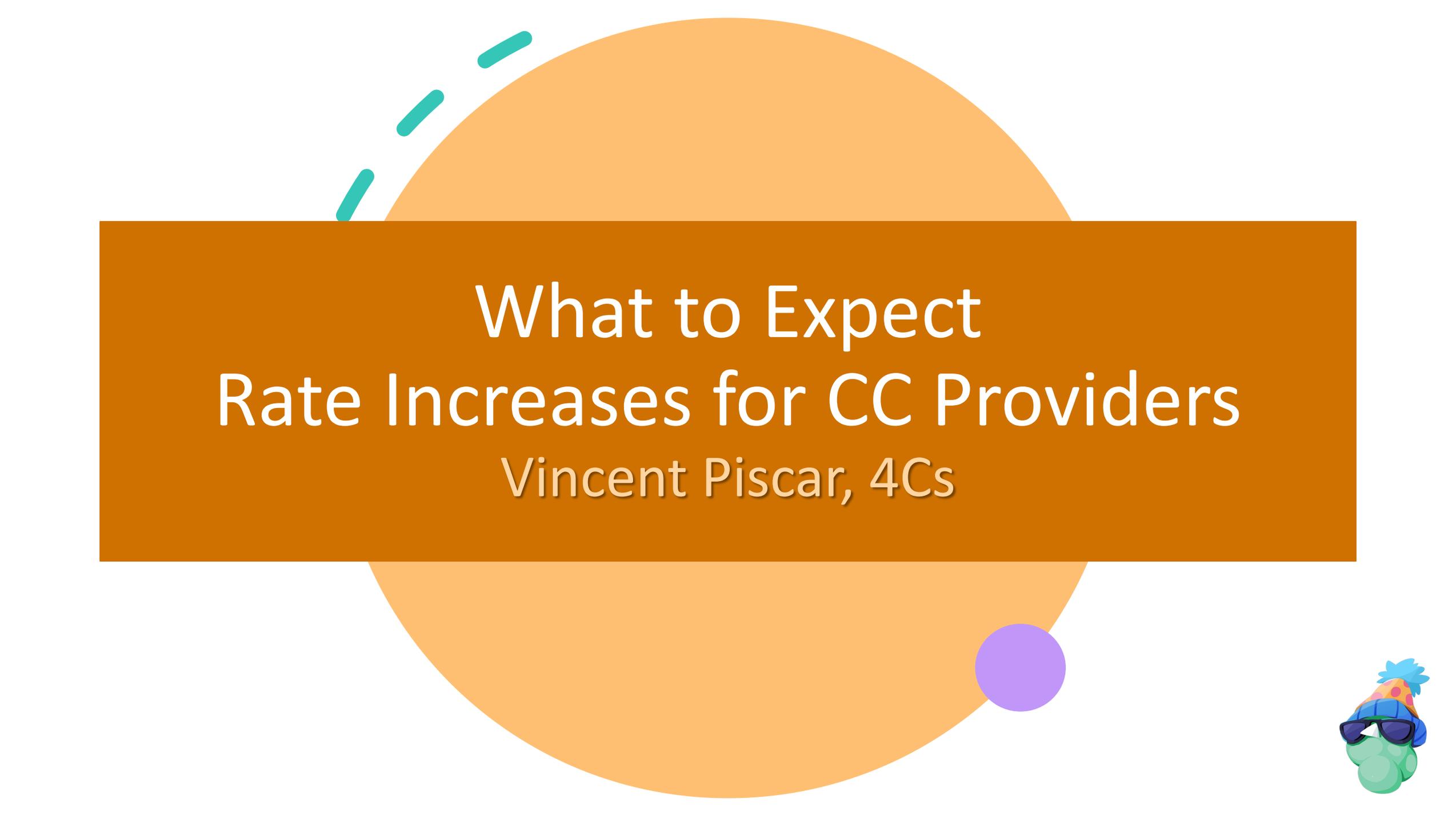
The screenshot shows the California Department of Public Health website. At the top left is the logo with the text "California Department of PublicHealth". To the right is a search bar with a magnifying glass icon. Below the search bar are four navigation tabs: "I am looking for", "I am a", "Programs", and "A-Z Index", each with a downward arrow. A breadcrumb trail reads: "Home | Programs | Center for Infectious Diseases | Division of Communicable Disease Control | Fact Sheet: Omicron Variant". A green horizontal bar is below the breadcrumb. Below that is a navigation menu with links: "COVID-19 Home", "Protect Your Health", "Get Latest Guidance", "See the Numbers", and "Learn More". The main content area features the title "Fact Sheet: Omicron Variant" in bold, followed by the date "11/28/2021". Below this is the sub-heading "What do we know about the Omicron variant?". The text states: "We are still learning about the new variant, including how it spreads and infects individuals as well as how it responds to vaccines. Here is what we know:". A bullet point follows: "There are currently no cases in the United States; however, based on other variants, it is only a matter of time before Omicron is detected in the United States. New variants will".

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Omicron-Variant-Fact-Sheet.aspx>



# Questions?





# What to Expect Rate Increases for CC Providers

Vincent Piscar, 4Cs



# Rate Increases

## Effective January 1, 2022

- The Regional Market Rate (RMR) ceilings are the maximum amount child care providers can be reimbursed from the state for subsidized child care.
- Licensed child care providers who are reimbursed through voucher programs will be reimbursed at up to the 75<sup>th</sup> percentile of the 2018 regional market rate (compared to the current rate of up to 75<sup>th</sup> percentile of the 2016 regional market rate)
- Licensed-exempt child care providers (friends, family, neighbors or FFNs) will be reimbursed at 70% of the RMR ceiling
- Agencies are required to review each child's certificate on file to determine if a rate increase is warranted
- ARPA Links

<https://cdss.ca.gov/inforesources/child-care-and-development/american-rescue-plan-act-survey>

# Rate Increases

- licensed child care providers may alter rate levels for subsidized children *as needed* and shall provide the alternative payment program and resource and referral agency with a copy of their updated rate sheet to reflect any changes
- Updated rates shall be effective within 60 days of submission of the updated rate sheet.

## Effective January 1, 2018

### Child Care Centers for Alameda County Maximum Reimbursement

Age Group	Full-time Daily	Full-time Weekly	Full-time Monthly	Part-time Hourly	Part-time Weekly	Part-time Monthly
Birth to 24 Months	114.06	424.81	1,882.39	19.16	324.24	1,204.87
2 through 5 Years	81.64	348.88	1,363.26	14.80	272.22	838.26
School Age	61.74	248.92	959.23	11.98	148.90	521.54

### Family Child Care Homes for Alameda County Maximum Reimbursement

Age Group	Full-time Daily	Full-time Weekly	Full-time Monthly	Part-time Hourly	Part-time Weekly	Part-time Monthly
Birth to 24 Months	72.20	304.42	1,250.79	14.83	222.09	872.64
2 through 5 Years	67.19	296.30	1,202.71	14.12	205.66	778.38
School Age	53.49	229.40	905.50	11.03	157.32	586.40

### TrustLined/Relative for Alameda County Maximum Reimbursement

Age Group	Full-time Daily	Full-time Weekly	Full-time Monthly	Part-time Hourly	Part-time Weekly	Part-time Monthly
Birth to 24 Months	50.54	213.10	875.55	4.74	0.00	0.00
2 through 5 Years	47.03	207.41	841.90	4.61	0.00	0.00
School Age	37.44	160.58	633.85	3.57	0.00	0.00

## Effective January 1, 2022

### Child Care Centers for Alameda County Maximum Reimbursement

Age Group	Full-time Daily	Full-time Weekly	Full-time Monthly	Part-time Hourly	Part-time Weekly	Part-time Monthly
Birth to 24 Months	119.64	470.49	2,032.72	22.86	324.24	1,216.99
2 through 5 Years	91.35	385.18	1,587.78	17.12	272.22	954.97
School Age	61.74	301.25	1,127.85	12.04	148.90	521.54

### Family Child Care Homes for Alameda County Maximum Reimbursement

Age Group	Full-time Daily	Full-time Weekly	Full-time Monthly	Part-time Hourly	Part-time Weekly	Part-time Monthly
Birth to 24 Months	79.54	345.98	1,414.22	16.91	252.26	1,004.09
2 through 5 Years	77.61	329.16	1,401.56	16.44	258.95	1,052.28
School Age	57.09	277.00	1,123.17	12.73	164.15	654.58

### TrustLined/Relative for Alameda County Maximum Reimbursement

Age Group	Full-time Daily	Full-time Weekly	Full-time Monthly	Part-time Hourly	Part-time Weekly	Part-time Monthly
Birth to 24 Months	55.68	242.19	989.96	11.84	176.58	702.86
2 through 5 Years	54.33	230.41	981.09	11.51	181.26	736.60
School Age	39.97	193.90	786.22	8.91	114.91	458.21



## Q&A

Rate Increases for CC Providers



# Health Heroes

Michele Rutherford, First 5 Alameda





Great Agent of Change



## Health Heroes for Child Care!

Space may be limited. Right now, support services are limited to open-licensed child care providers in Alameda County (center-based and FCC) who care for the children of essential workers. This is a free resource!

# APPLY TODAY

<https://bit.ly/3oepdJo>

This agreement with the Samuel Merritt University School of Nursing (SMU) is being conducted in partnership with the Alameda County Emergency Child Care Response Team: Alameda County Early Care and Education Program, Alameda County Office of Education, Alameda County Department of Public Health, Alameda County Social Services Agency, BANANAS, Alameda County Community Child Care Council (4C), Alameda County First 5 and Hively



What is the name of your daycare or preschool? \*

Your answer

Have you already signed up to participate in Health Heroes (Health Support Services provided by Samuel Merritt University Nursing Students)? \*

- Yes
- No



Q&A

Health Heroes





# Provider Resources



# 2021 Alameda County Kindergarten Readiness Assessment: ECE Professional Survey

In partnership with Applied Survey Research, First 5 Alameda County is conducting an important study to better understand the needs of young children, families, and educators in the county as part of the Kindergarten Readiness Assessment.

**Who:** All ECE professionals, directors, providers, and staff working with 3-6 year old's at licensed centers or family child care programs in Alameda County. Please share with your staff, colleagues, and other ECE professionals.

**When:** The survey is open now, please respond by 12/19/21.

**How:** The survey should take about 30 minutes to complete, and to thank you for completing it, you will receive a **\$25 Target gift card**.

<https://bit.ly/KRAECEEnglish>

<https://bit.ly/KRAECESpanish>

<https://bit.ly/KRAECEChinese>

# About County-Wide Youth Vaccinations



- ACOE has an update of the **5-11yo vaccination rate** in the County
  - <https://www.acoe.org/Page/2332>
- **DocTalks** - Schedule can be found here: <https://www.acoe.org/doctalk>
  - Next Talk will be all in Spanish Tues., 12/7 at 730p
- Public Health / Health Care Services Agency - **Youth Vax Facts**
  - <https://covid-19.acgov.org/youthvaxfacts>



# Alameda County Public Health - Mobile Vaccination Locations

New school-based mobile vaccine locations in addition to our four stable community vaccine sites which reopen this weekend with all boosters, including Moderna:

- **New:** San Leandro Adult School, Wednesdays 12/1, 12/8, 12/15, 12/22, 12/29, 1/5, 2:00-7:00pm
- **New:** San Lorenzo High School, Thursdays 12/2, 12/9, 12/16, 12/23, 12/30, 1/6, 3:30-7:30pm
- **New:** Castlemont High School, Fridays 12/3, 12/10, 12/17, 6:00-9:00pm
- **New:** Coyote Hills Elementary School in Newark: Sun. 12/5, 10:30am-3:30pm

It's your turn

**Free COVID-19 Vaccine**



### San Lorenzo High School

50 E. Lewelling Blvd. San Lorenzo, CA 94580  
Cafeteria · ADA Accessible · Parking Available

**VACCINES:**  
Pfizer (5+), Moderna (18+),  
Johnson & Johnson (18+)

**INCENTIVE**  
May receive \$100 gift card  
when fully vaccinated,  
until supplies last

**Thursdays**  
12/2, 12/9, 12/16,  
12/23, 12/30, 1/6  
3:30 p.m. - 7:30 p.m.



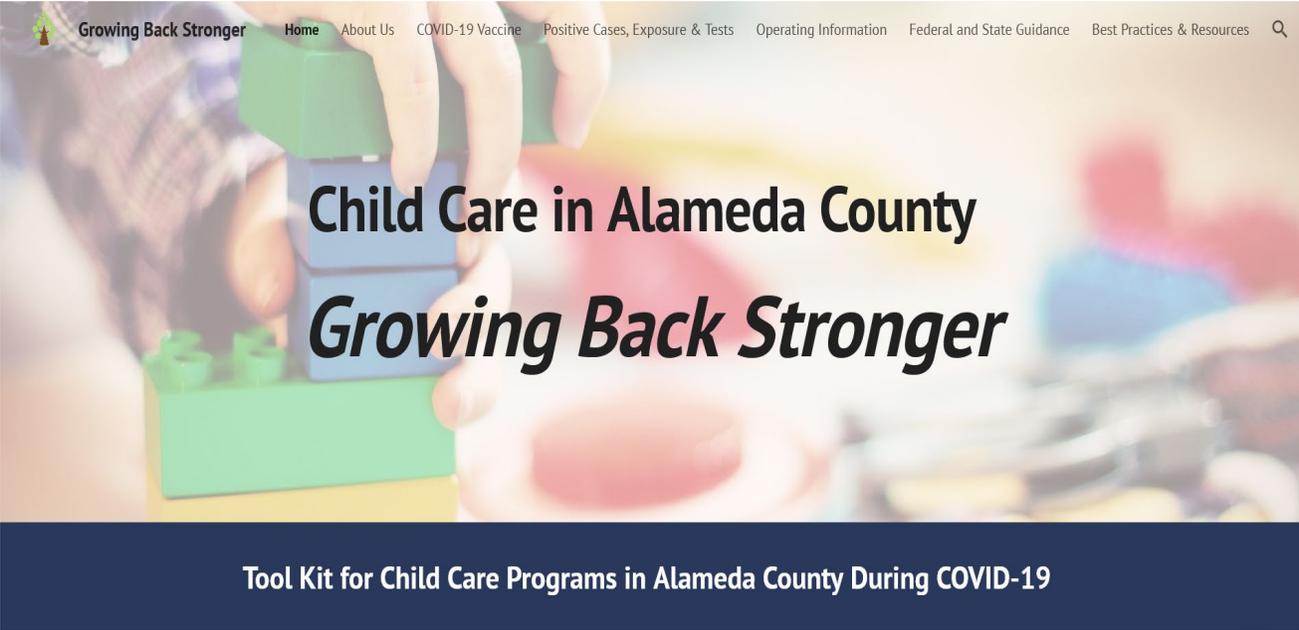
**By Appointment or Drop-In**  
Call 510-208-4829 (4VAX)  
Text VAX to 855-315-1373  
[covid-19.acgov.org/vaccines](https://covid-19.acgov.org/vaccines)



**ID Not Required**

ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY  
PUBLIC HEALTH DEPARTMENT  
San Lorenzo  
BE Well  
ver: 11-29-2021

# Reopening Website - Updated



Get resources on the following topics:



COVID-19 Vaccine Information



Operating Information



COVID-19 Positive Case Reporting, Exposure, and Testing



Federal and State Guidance



Best Practices and Resources



ALAMEDA COUNTY EMERGENCY CHILD CARE RESPONSE TEAM



<https://sites.google.com/view/reopening-child-care-alameda/home>





# Provider Resources

## R&R Agencies



**Referral Phone Number**  
(510) 658-0381  
[bananasbunch.org](http://bananasbunch.org)

**Cities Served**  
Alameda  
Albany  
Berkeley  
Emeryville  
Oakland  
Piedmont



**Referral Phone Number**  
(510) 244-0506  
[info@4c-alameda.org](mailto:info@4c-alameda.org)

**Cities Served**  
Castro Valley  
Fremont  
Hayward  
Newark  
San Leandro  
San Lorenzo  
Union City



**Referral Phone Number**  
(925) 417-8733  
[hello@behively.org](mailto:hello@behively.org)  
[behively.org](http://behively.org)

**Cities Served**  
Dublin  
Livermore  
Pleasanton  
Sunol



Q&A

Provider Resources

# Announcements



# What's Next for CC Check-Ins?

Poll



Thank you



HAPPY HOLIDAYS!

ALAMEDA COUNTY EMERGENCY CHILD CARE  
RESPONSE TEAM

