On the Road to Recovery

Alameda County Child Care Check-In

December 2nd, 2021
Welcome! Bienvengidos!

- If you are participating in this session and speak English:
  - Locate the globe at the bottom of zoom screen
  - Click on the globe
  - Choose English
  - If you have technical issues, please use the Q&A box

- Si usted está participando en esta sesión en línea y habla Español:
  - Localice el globo en la parte inferior de la pantalla de Zoom
  - Presione sobre el globo
  - Escoja Español
  - Presione sobre el globo otra vez
  - Presione sobre “mute original audio”
  - Si tiene problemas técnicos, por favor utilice el área de chat
中文指示

- 如果您參加此次的視訊座談並說中文：
  - 在Zoom螢幕下方找到地球圖示
  - 按下地球圖示
  - 選擇中文
  - 再按一次地球圖示
  - 按下“將原音靜音” (mute original audio)
  - 如果您有任何技術上的問題，請使用Q&A區塊
Housekeeping & Attendee Tools

• Session is recorded

• Attendees are muted

• Submit your questions through chat or when prompted, unmute yourself to speak
Tonight’s Featured Discussion

- COVID-19 Vaccine and Booster Updates
- What to Expect - Rate Increases for CC Providers serving families on child care payment programs
- Resources
- Announcements
  - Future of Check-In’s
- Q&A and Close
WELCOME

Tonight’s Guest Presenters

Dr. Noemi Spinazzi
UCSF Benioff Children’s Hospital

Lisa Erickson
Health Care Services Agency

Vincent Piscar
4Cs

Michele Rutherford
First 5 Alameda
COVID-19 Vaccine and Booster Updates
UCSF Benioff Children’s Hospitals
Covid-19, staying healthy, and the vaccine

Noemi Spinazzi, MD
Primary Care Doctor
UCSF Benioff Children's Hospital Oakland
Values of Trauma-Informed Systems

- Transparency
- Safety
- Racial Equity
- Collaboration and Empowerment
- Recovery and Resilience
Shared Goals

1. To keep our families safe and healthy
2. To protect each other as a community
3. To protect our children from harm
Fighting Misinformation

“What keeps me up at night is misinformation and disinformation, and how fast it's moving. I wouldn’t have predicted that in the throes of a national pandemic, there would be actors pushing intentional misinformation, often targeted at the very groups that are suffering the greatest.

I'm hoping, as part of the new normal, that we really restore trust in...science and evidence and data.”

-- Marcella Nunez-Smith, MD, MHS
Co-Chair, President Biden’s COVID Equity Task Force
Swiss Cheese Model of Defense

Multiple layers of defense improve success.

Get Vaccinated  Wear a Mask  Stay home if sick
Ventilation, air filtration  Maximize time outdoors
Avoid crowds  Hand hygiene  Get tested if you are exposed
Quarantine, Isolation  Limit indoor gatherings

Source: New York Times
Wear a Mask

Masks really work to decrease the spread of Covid-19

Wear your mask all the time except when eating or drinking

Wear your mask over your nose and mouth

Remind your friends to wear their mask, and wear it correctly
Stay Home if Sick

• Stay home for:
  • Any symptom in student within 24 hours
  • If you are waiting for the result of a Covid test
  • If anyone at home has Covid-19
  • If you have been told to quarantine by the school or a doctor

• If you are feeling sick, get tested!
When In Doubt, Get Tested

*When should I get tested?*

- Confirmed Exposure to Covid-19
- Household contact with Covid-19
- Any symptoms that could be due to Covid-19

*Which test should I use?*

- PCR more accurate, results take at least 12 hours
- Rapid test is less accurate, quick result available
Hand Hygiene

Hand hygiene after touching door knobs, light switches, and your phone!

Hand sanitizer works well

Washing with soap and water for at least 20 seconds before and after eating, and after using bathroom
Ventilation and Filtration

Opening windows can help exchange the air

Classrooms have air purifiers that are disinfecting the air

Whenever possible, gather outdoors
How Vaccines Work

- A vaccine is a lesson for our body’s defense system. It teaches the body to recognize a germ before we ever come in contact with it in real life.

- The COVID vaccine contains instructions for our body to make one important piece of the virus, called the “spike protein”, for our body to study and learn to recognize.

- The immune system needs time to learn the lesson: that’s why someone is “fully immune” 2 weeks after the second dose.
COVID 19 Vaccines

Pfizer: 2 doses

- Approved for children 5 years and older
- Need a booster after 6 months if over 18

Moderna: 2 doses

- Approved for 18 years and older
- Need a booster after 6 months if over 18

Johnson and Johnson: 1 dose (for now)

- Approved for 18 years and older
- Need a booster at least 2 months after initial dose
Covid 19 Vaccine and Children

Currently Approved:
Pfizer vaccine for 5 years and older

Anticipated First Half of 2022
Vaccine for 2-5 year olds

Anticipated Later in 2022
Vaccine for 6 month - 2 year olds
Vaccine Science for 5-11 year olds

- 2268 volunteer children were randomly assigned to receive the Pfizer vaccine (1517 children) or placebo (751 children).
- Favorable safety profile. No vaccine-related serious adverse events were noted.
- Vaccine efficacy at preventing Covid-19 infections: 90.7%
The Vaccine is Safe

- Studied extensively for safety and effectiveness in large clinical trials
- Most people will feel some mild side effects after the second dose
- Serious side effects are very very rare
- Equally safe in children and teenagers
Common Side Effects - Likely to Experience These!

- Sore arm
- Swollen lymph nodes
- Fever or chills
- Fatigue
- Muscle aches
- Headache
- Nausea

While vaccine side effects can be uncomfortable, they are almost always temporary & manageable with over-the-counter pain relievers (if needed) — and way safer than getting seriously sick with COVID-19.

Find out more at: ShotofPrevention.com
Severe Side Effects Are Very Rare

Side effects can occur with all medications and vaccines

**Myocarditis** = Transient inflammation of the heart muscle.

- 2-3 cases for every 100,000 vaccines given, a few days after the second dose
- More common in younger males, 16-29 years old
- Covid-19 infection also causes myocarditis: more often, and more severe
- If you develop chest pain, shortness of breath, abnormal heart beat after the vaccine, seek medical care

**Allergic reactions and anaphylaxis**

- 3-11 cases per 1 million vaccines given
- Everyone is advised to remain under observation for 15 minutes after receiving the vaccine
My child is healthy - Why get vaccinated?

Over 5 million children have been infected with Covid-19

- 19,940 hospitalizations
- 4,600 cases of MIS-C
  - 62% Hispanic or Black

Pandemic continues to take a toll on other facets of children’s lives

- Mental and emotional health
- Social well-being and development
- Educational Experience

One third of adolescents aged 12-17 hospitalized with COVID-19 require intensive care

- 5% will require mechanical ventilation

One third of pediatric Covid-19 deaths have been in previously healthy children with no prior medical conditions
## Vaccine vs. “Natural Immunity”

<table>
<thead>
<tr>
<th>Vaccine-Induced Immunity</th>
<th>Infection- Induced Immunity</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>5 times more effective</strong> at preventing Covid-19 infection</td>
<td><strong>Less effective</strong>, 5 times greater chance of becoming re-infected</td>
</tr>
<tr>
<td>Longer-lasting, booster needed after 6 months</td>
<td>Shorter lasting, immunity fades after just 3 months</td>
</tr>
<tr>
<td>More predictable response, <strong>reliable protection</strong></td>
<td>Less predictable: one third of people do not develop any immunity after infection</td>
</tr>
<tr>
<td>Vaccinated people are <strong>8 times more protected from hospitalization</strong> from Covid</td>
<td>To get immunity from infection, you have to get sick first! 95% of hospitalized patients are unimmunized</td>
</tr>
<tr>
<td>Vaccinated people are <strong>11 times more protected against death</strong> from Covid-19</td>
<td>99% of deaths from Covid-19 in the past several months were in unvaccinated people</td>
</tr>
</tbody>
</table>
What’s in the Vaccine?

- What is in the vaccine? mRNA, Fat, Sugars, Salt
- Is there a microchip in the vaccine? No, not true
- Are there magnets in the vaccine? No, not true
- Can the mRNA change your DNA? No, not true
The vaccines were created fast. How can we be sure they are safe?

- After the SARS scare of 2001, scientists around the world started preparing for a possible coronavirus pandemic.
- Scientists like Kizzmekia Corbett and Özlem Türeci have been working on this vaccine their whole careers.
- mRNA vaccine technology has been studied for over 20 years.
- We were lucky to have all the science and technology ready to go when Covid-19 came along.
Other Frequently Asked Questions

How can we be sure it is safe for our children and our families?

The vaccine was heavily tested for safety prior to becoming available to the community.

What about long term side effects?

Long term side effects appear within 2 months of vaccination. That’s why the vaccine was studied for safety for at least 2 months prior to being made available to the public, and no long term concerns arose.

My family doesn't do vaccines, we never get the flu shot. Why should they get this one?

Covid-19 has upended the world as we know it. It is a very deadly virus. Getting vaccinated against Covid will prevent many infections, long term symptoms, and most hospitalizations and deaths from Covid-19.

Why get it if you can still get Covid-19?

Getting vaccinated prevents nearly all hospitalizations and deaths from Covid-19.
Get Protected!

If you are vaccinated, you are less likely to bring the virus home to your family

Protect yourself and your family members
Covid-19 Variants

- When a virus makes more copies of itself inside a body, it can make small typos, called **mutations**
- When enough mutations accumulate, they create **variants**
- Delta was a more contagious variant
- **Omicron**, in the news: 32 mutations
- Likely much **more contagious**
- Concerns for immune evasion, more severe disease

We are not out of the woods:
Continue to use all layers of defense
Fact Sheet: Omicron Variant

11/28/2021

What do we know about the Omicron variant?

We are still learning about the new variant, including how it spreads and infects individuals as well as how it responds to vaccines. Here is what we know:

- There are currently no cases in the United States; however, based on other variants, it is only a matter of time before Omicron is detected in the United States. New variants will
Questions?
What to Expect
Rate Increases for CC Providers
Vincent Piscar, 4Cs
Rate Increases
Effective January 1, 2022

• The Regional Market Rate (RMR) ceilings are the maximum amount child care providers can be reimbursed from the state for subsidized child care.

• Licensed child care providers who are reimbursed through voucher programs will be reimbursed at up to the 75th percentile of the 2018 regional market rate (compared to the current rate of up to 75th percentile of the 2016 regional market rate)

• Licensed-exempt child care providers (friends, family, neighbors or FFNs) will be reimbursed at 70% of the RMR ceiling

• Agencies are required to review each child’s certificate on file to determine if a rate increase is warranted

• ARPA Links

Rate Increases

- licensed child care providers may alter rate levels for subsidized children *as needed* and shall provide the alternative payment program and resource and referral agency with a copy of their updated rate sheet to reflect any changes.
- Updated rates shall be effective within 60 days of submission of the updated rate sheet.

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**Effective January 1, 2018**

**Child Care Centers for Alameda County**

**Maximum Reimbursement**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Full-time Daily</th>
<th>Full-time Weekly</th>
<th>Full-time Monthly</th>
<th>Part-time Hourly</th>
<th>Part-time Weekly</th>
<th>Part-time Monthly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Birth to 24 Months</td>
<td>114.90</td>
<td>424.91</td>
<td>1,802.36</td>
<td>19.16</td>
<td>324.24</td>
<td>1,204.87</td>
</tr>
<tr>
<td>2 through 5 Years</td>
<td>85.94</td>
<td>348.88</td>
<td>1,365.26</td>
<td>14.60</td>
<td>272.22</td>
<td>836.20</td>
</tr>
<tr>
<td>School Age</td>
<td>61.74</td>
<td>248.92</td>
<td>959.23</td>
<td>11.08</td>
<td>149.00</td>
<td>521.54</td>
</tr>
</tbody>
</table>

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**Family Child Care Homes for Alameda County**

**Maximum Reimbursement**

<table>
<thead>
<tr>
<th>Age Group</th>
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<th>Part-time Monthly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Birth to 24 Months</td>
<td>72.20</td>
<td>304.42</td>
<td>1,202.78</td>
<td>14.83</td>
<td>222.08</td>
<td>872.64</td>
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<tr>
<td>2 through 5 Years</td>
<td>67.19</td>
<td>296.30</td>
<td>1,102.71</td>
<td>14.12</td>
<td>265.66</td>
<td>778.38</td>
</tr>
<tr>
<td>School Age</td>
<td>50.49</td>
<td>229.40</td>
<td>895.56</td>
<td>11.03</td>
<td>157.32</td>
<td>586.40</td>
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**Trust Lined/Relative for Alameda County**

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<tr>
<td>Birth to 24 Months</td>
<td>50.54</td>
<td>213.10</td>
<td>875.56</td>
<td>4.74</td>
<td>0.00</td>
<td>0.00</td>
</tr>
<tr>
<td>2 through 5 Years</td>
<td>47.03</td>
<td>207.41</td>
<td>841.96</td>
<td>4.61</td>
<td>0.00</td>
<td>0.00</td>
</tr>
<tr>
<td>School Age</td>
<td>37.44</td>
<td>190.58</td>
<td>623.85</td>
<td>2.57</td>
<td>0.00</td>
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<td>57.09</td>
<td>277.08</td>
<td>1,123.17</td>
<td>12.73</td>
<td>164.15</td>
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<td>11.51</td>
<td>181.26</td>
<td>736.60</td>
</tr>
<tr>
<td>School Age</td>
<td>39.97</td>
<td>193.90</td>
<td>786.22</td>
<td>8.91</td>
<td>114.91</td>
<td>456.21</td>
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</table>
Q&A
Rate Increases for CC Providers
Health Heroes
Michele Rutherford, First 5 Alameda
Health Heroes for Child Care!

Space may be limited. Right now, support services are limited to open-licensed child care providers in Alameda County (center-based and FCC) who care for the children of essential workers. This is a free resource!
Provider Resources
In partnership with Applied Survey Research, First 5 Alameda County is conducting an important study to better understand the needs of young children, families, and educators in the county as part of the Kindergarten Readiness Assessment.

**Who:** All ECE professionals, directors, providers, and staff working with 3-6 year old's at licensed centers or family child care programs in Alameda County. Please share with your staff, colleagues, and other ECE professionals.

**When:** The survey is open now, please respond by 12/19/21.

**How:** The survey should take about 30 minutes to complete, and to thank you for completing it, you will receive a $25 Target gift card.

About County-Wide Youth Vaccinations

- ACOE has an update of the **5-11yo vaccination rate** in the County
  - [https://www.acoe.org/Page/2332](https://www.acoe.org/Page/2332)

- **DocTalks** - Schedule can be found here: [https://www.acoe.org/doctalk](https://www.acoe.org/doctalk)
  - Next Talk will be all in Spanish Tues., 12/7 at 7:30p

- Public Health / Health Care Services Agency - **Youth Vax Facts**
New school-based mobile vaccine locations in addition to our four stable community vaccine sites which reopen this weekend with all boosters, including Moderna:

- **New**: San Leandro Adult School, Wednesdays 12/1, 12/8, 12/15, 12/22, 12/29, 1/5, 2:00-7:00pm
- **New**: San Lorenzo High School, Thursdays 12/2, 12/9, 12/16, 12/23, 12/30, 1/6, 3:30-7:30pm
- **New**: Castlemont High School, Fridays 12/3, 12/10, 12/17, 6:00-9:00pm
- **New**: Coyote Hills Elementary School in Newark: Sun. 12/5, 10:30am-3:30pm
Reopening Website - Updated

https://sites.google.com/view/reopening-child-care-alameda/home
Provider Resources

R&R Agencies

**BANANAS**
- Referral Phone Number: (510) 658-0381
- bananasbunch.org
- Cities Served: Alameda, Albany, Berkeley, Emeryville, Oakland, Piedmont

**4Cs of Alameda County**
- Referral Phone Number: (510) 244-0506
- info@4c-alameda.org
- Cities Served: Castro Valley, Fremont, Hayward, Newark, San Leandro, San Lorenzo, Union City

**Hively**
- Referral Phone Number: (925) 417-8733
- hello@behively.org behively.org
- Cities Served: Dublin, Livermore, Pleasanton, Sunol
Q&A
Provider Resources
Announcements
What’s Next for CC Check-Ins?

Poll
Thank you

HAPPY HOLIDAYS!