





# HEALTH HEROES FOR CHILD CARE



"This program is a great way to empower centers with hands-on knowledge that their facilities are healthy, safe spaces for children & staff."  
-Heather Leyva, King's Kids Preschool & Childcare Director

-  Would you like help promoting health and wellness for the children in your child care center or family child care home?
-  Would your program like to host Health Hero consultants to support you with lessons in healthy practices related to healthy eating, mindfulness, and other wellness strategies?

The Alameda County Child Care Emergency Response Team has worked with Samuel Merritt University (SMU) School of Nursing to offer health and safety supports to open and planned re-opening licensed centers and family child care providers.



ALAMEDA COUNTY EMERGENCY CHILD CARE  
RESPONSE TEAM

## Program Overview:

Under the supervision of a Registered Nurse Supervising Faculty Member, Two (2) SMU student nurses will be assigned per center or FCC. Consultation can be arranged in preferred languages, particularly Spanish and Chinese.

- The program runs in Cohorts
- Each Cohort runs for 2-5 weeks
- Onsite support visits 2-3 days per week (sites may also choose remote support via teleconferencing, phone, etc.)
- 3-4 hours per visit

All SMU student nurses have been vaccinated.

**Apply Here:**  [CLICK HERE](#) 

"Both nurses arrived prepared with their activities and materials and positive energy for the children. They used age appropriate language and learning materials to convey their message. My children were very engaged in every activity and had materials to take home to share with their parents." -Artensia Young, Oakland Family Child Care Owner

To hear more about the program, recordings are here:

[Interview with participating  
child care site](#)

[Interview with  
SMU student nurse](#)

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