The program runs in Cohorts
Each Cohort runs for 2-5 weeks
Onsite support visits 2-3 days per week (sites may also choose remote support via teleconferencing, phone, etc.)
3-4 hours per visit

Under the supervision of a Registered Nurse Supervising Faculty Member, Two (2) SMU student nurses will be assigned per center or FCC. Consultation can be arranged in preferred languages, particularly Spanish and Chinese.

All SMU student nurses have been vaccinated.

Would you like help promoting health and wellness for the children in your child care center or family child care home?

Would your program like to host Health Hero consultants to support you with lessons in healthy practices related to healthy eating, mindfulness, and other wellness strategies?

The Alameda County Child Care Emergency Response Team has worked with Samuel Merritt University (SMU) School of Nursing to offer health and safety supports to open and planned re-opening licensed centers and family child care providers.

Program Overview:
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"Both nurses arrived prepared with their activities and materials and positive energy for the children. They used age appropriate language and learning materials to convey their message. My children were very engaged in every activity and had materials to take home to share with their parents." -Artensia Young, Oakland Family Child Care Owner

To hear more about the program, recordings are here:

Interview with participating child care site
Interview with SMU student nurse

For general inquiries, please contact: michele.rutherford@first5alameda.org