Early Childhood Mental Health & Parenting Services
Inter-Agency Referral Guide
EPSDT Programs

For Families with Children Ages 0-5 with Full-Scope Medi-Cal

2nd Revised Edition
January 2007
**Introduction**

To learn and grow, children must be emotionally secure and physically healthy. Mental health is closely tied to the relationships a child has with parents and significant caregivers. As an infant develops trust and attachment, the foundation for lifelong success in relationships and school is established. Children learn how to effectively express emotions, make friends, and explore the world around them through these relationships. A nurturing, caring relationship provides a “secure base” from which a child can begin exploring the world. That relationship can go astray for a variety of reasons. Studies have shown that mental health services for young children and their families can facilitate or repair the relationship and can have a positive, lasting impact.

This manual predominately focuses on mental health services for children 0-5 that can be billed through EPSDT. EPSDT (Early Periodic Screening, Diagnosis, and Treatment) is a Medi-Cal entitlement for children 0-21 that is designed to provide mental health services that can correct or ameliorate mental health problems. Although some of the agencies listed in this manual may have other funding sources, the referral sources listed here are for children on full scope Med-Cal (Medi-Cal coverage without restrictions).

If you have a client in need of these services, please refer to one of the agencies accepting EXTERNAL referrals.

This manual will be updated on an as-needed basis.

For questions or comments please contact Sue Greenwald, LCSW at (510) 875-2422 or email her at sue.greenwald@acgov.org

We hope you find this referral guide useful in your search for an EPSDT program.
# Table of Contents

Please review the program descriptions carefully, as some agencies in this guide do not accept external referrals for early childhood mental health services.

<table>
<thead>
<tr>
<th>Agency</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Better Way Adoption Support Services</td>
<td>4</td>
</tr>
<tr>
<td>Alameda County Behavioral Health Care Services</td>
<td>5</td>
</tr>
<tr>
<td>Asian Community Mental Health Services</td>
<td>6</td>
</tr>
<tr>
<td>Building Blocks Preschool – A Seneca Center Day Treatment Program</td>
<td>7</td>
</tr>
<tr>
<td>Children's Hospital and Research Center at Oakland – Behavior Disorders Program</td>
<td>8</td>
</tr>
<tr>
<td>Children's Hospital and Research Center at Oakland – Early Childhood Mental Health</td>
<td>9</td>
</tr>
<tr>
<td>Children's Hospital and Research Center at Oakland – Psychopharmacology Clinic</td>
<td>10</td>
</tr>
<tr>
<td>Children's Hospital and Research Center at Oakland – Behavior Emergency Response Team (BERT)</td>
<td>11</td>
</tr>
<tr>
<td>City of Fremont Youth and Family Services – Infant Toddler Program</td>
<td>12</td>
</tr>
<tr>
<td>East Bay Agency for Children – Therapeutic Nursery School Program</td>
<td>13</td>
</tr>
<tr>
<td>Jewish Family and Children's Services of the East Bay</td>
<td>14</td>
</tr>
<tr>
<td>Kidango – Child and Family Support Program</td>
<td>15</td>
</tr>
<tr>
<td>La Clinica de la Raza Casa del Sol</td>
<td>16</td>
</tr>
<tr>
<td>La Familia Counseling Services</td>
<td>17</td>
</tr>
<tr>
<td>Family Paths – Early Childhood Mental Health Treatment Program</td>
<td>18</td>
</tr>
<tr>
<td>Family Paths – Families in Transition Program</td>
<td>19</td>
</tr>
<tr>
<td>The Perinatal Council</td>
<td>20</td>
</tr>
<tr>
<td>Through the Looking Glass</td>
<td>21</td>
</tr>
<tr>
<td>Tiburcio Vasquez Health Center, Inc.</td>
<td>22</td>
</tr>
</tbody>
</table>
A Better Way
Adoption Support Services

Population Served: Fostered and adoptive children and youth, ages 0-21
Geographical Area Served: Berkeley, Oakland, Hayward and vicinity

Services:
- Individual therapy
- Family therapy
- Group therapy
- Infant/child parent dyadic therapy
- Case management
- Parent education/support (Spanish)
- Medication support
- Developmental & Socio-emotional assessment
- Developmental Guidance
- Resource and referral
- Service Locations:
  - Home
  - Office
  - Childcare
  - Other community location(s)

Program Description:
This program focuses on families that are involved in the adoptive process and the stresses associated with this transition. The program provides therapy and mental health support during periods of crisis, treats attachment issues and assists in working through the grief related to the loss inherent in the adoptive process. Problems persisting from early neglect and abuse are also a focus of treatment.

Referrals accepted from:
- ✔ Internal
- ✔ External (Community wide)

For your larger early childhood program(s), do you accept clients who are not full scope Medical?
- ✔ Yes
- □ No

What other insurance and funding sources do you have?
Fee for service (sliding scale) and Victims of crime.
**Population Served:**
0-6 years

**Geographical Area Served:**
Alameda, Berkeley, Emeryville, Fremont, Hayward, Oakland, San Leandro and San Lorenzo. May accept referrals from other areas within Alameda County depending on staff availability.

**Services:**

<table>
<thead>
<tr>
<th>Service</th>
<th>Referral/Intake</th>
<th>Language</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual therapy</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Family therapy</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Group therapy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Infant/child parent dyadic therapy</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Case management</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Supervised visitation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medication support</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Developmental &amp; Socio-emotional assessment</td>
<td>X</td>
<td></td>
</tr>
</tbody>
</table>

**Service Locations:**

- Home
- Office
- Childcare
- Other community location(s)

**Program Description:**

This program is a mental health service delivery program that provides mental health consultation to childcare as well as direct therapy services in childcare, in the home and in the clinic. Infant and early childhood/parent therapy is focused on behavioral, social emotional and or/developmental needs of children in the context of their relationship with primary caretakers. Accepts children up to age 6 which means they can be seen until 7 years. We take a limited number of children without any insurance (referred to as medically indigent).

**Referrals accepted from:**

- Internal
- External (Community wide)

Internal referrals within Alameda County Behavioral Health Care Services and external referrals community-wide.

*For your larger early childhood program(s), do you accept clients who are not full scope Medi-cal?*

- Yes
- No

*What other insurance and funding sources do you have?*

Currently, we have limited funding from Every Child Counts to provide mental health services to children (0-5) and families in child care.
Asian Community Mental Health Services
Ready, Set, Go! Early Child Intervention Program

Main Office: 310 8th St., Ste. 201
Oakland, CA 94607

Services:
- Individual therapy X
- Family therapy X
- Group therapy
- Infant/child parent dyadic therapy X
- Case management X
- Supervised visitation
- Medication support
- Developmental & Socio-emotional assessment X

Referrals/Intakes:
- Katherine Chun
- 510.869.6005

Language Capacity:
- English
- Chinese (Cantonese and Mandarin)
- Cambodian
- Vietnamese
- Mien

Population Served: 0-6 years
Geographical Area Served: Oakland, Alameda, Hayward, San Leandro, San Lorenzo, Fremont

Program Description:
This program is a mental health service delivery program that provides mental health consultation to childcare as well as direct therapy services in childcare, in the home and in the clinic. Infant and early childhood/parent therapy is focused on behavioral, social emotional and or/developmental needs of children in the context of their relationship with primary caretakers. Accepts children up to age 6 which means they can be seen until 7 years. We take a limited number of children without any insurance (referred to as medically indigent).

Referrals accepted from:
- Internal ✔
- External (Community wide)

Internal referrals within Alameda County Behavioral Health Care Services and external referrals community-wide.

For your larger early childhood program(s), do you accept clients who are not full scope Medical?
- Yes ✔
- No

What other insurance and funding sources do you have?
Currently, we have limited funding from Every Child Counts to provide mental health services to children (0-5) and families in child care; Safe Passages; Safe Start; and Violence Prevention funds from Governors Office of Emergency.

Asian Community Mental Health Services
Ready, Set, Go! Early Child Intervention Program

Main Office: 310 8th St., Ste. 201
Oakland, CA 94607

Population Served: 0-6 years
Geographical Area Served: Oakland, Alameda, Hayward, San Leandro, San Lorenzo, Fremont

Program Description:
This program is a mental health service delivery program that provides mental health consultation to childcare as well as direct therapy services in childcare, in the home and in the clinic. Infant and early childhood/parent therapy is focused on behavioral, social emotional and or/developmental needs of children in the context of their relationship with primary caretakers. Accepts children up to age 6 which means they can be seen until 7 years. We take a limited number of children without any insurance (referred to as medically indigent).

Referrals accepted from:
- Internal ✔
- External (Community wide)

Internal referrals within Alameda County Behavioral Health Care Services and external referrals community-wide.

For your larger early childhood program(s), do you accept clients who are not full scope Medical?
- Yes ✔
- No

What other insurance and funding sources do you have?
Currently, we have limited funding from Every Child Counts to provide mental health services to children (0-5) and families in child care; Safe Passages; Safe Start; and Violence Prevention funds from Governors Office of Emergency.
Population Served: Preschoolers aged 2-5
Geographical Area Served: Alameda County

Services:

- Individual therapy
- Family therapy
- Group therapy
- Infant/child parent dyadic therapy
- Case management
- Parenting Education/Support (Spanish)
- Medication support
- Developmental & Socio-emotional assessment

Service Locations:

- Home
- Office
- Childcare
- Other community location(s)

Program Description:

Building Blocks is an Intensive Day Treatment Program serving emotionally and behaviorally troubled children. It is a half day, year round program. Transportation is available on a limited basis.

Referrals accepted from:

☑ Internal  ☑ External (Community wide)

For your larger early childhood program(s), do you accept clients who are not full scope Medi-cal?

☐ Yes  ☑ No

What other insurance and funding sources do you have?
CHILDREN’S HOSPITAL AND RESEARCH CENTER AT OAKLAND
BEHAVIOR DISORDERS PROGRAM

Main Office:
645 4th St.
Oakland, CA 94607

Referrals/Intakes:
Intake Coordinator
510.428.3351

Language Capacity:
English
Spanish
Interpreters Available

Population Served:
3-12 years

Geographical Area Served:
Alameda County

Services:

<table>
<thead>
<tr>
<th>Service</th>
<th>Main Office</th>
<th>Referrals/Intakes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual therapy</td>
<td>X</td>
<td>Developmental Guidance</td>
</tr>
<tr>
<td>Family therapy</td>
<td>X</td>
<td>Resource and referral</td>
</tr>
<tr>
<td>Group therapy</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Infant/child parent dyadic therapy</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Case management</td>
<td>X</td>
<td>Home</td>
</tr>
<tr>
<td>Supervised visitation</td>
<td></td>
<td>Office</td>
</tr>
<tr>
<td>Medication support</td>
<td></td>
<td>Childcare</td>
</tr>
<tr>
<td>Developmental &amp; Socio-emotional assessment</td>
<td>X</td>
<td>Other community location(s)</td>
</tr>
</tbody>
</table>

Service Locations:

- Home
- Office
- Childcare
- Other community location(s)

Program Description:

This program provides multidisciplinary/team based assessment and treatment for children 3-12 years old with social/emotional behavioral disorders. Priority is given to children in foster care, kinship care, or at risk for out of home placement.

Referrals accepted from:

☑️ Internal ☑️ External (Community wide)

Children’s Hospital Staff

For your larger early childhood program(s), do you accept clients who are not full scope Medical?

☐ Yes ☑️ No
### Program Description:

This program provides assessment and mental health intervention to children and their caretakers with a specialized focus on the birth to three-year-old population (though children are accepted up to age 5). In addition to individual treatment services, the Therapeutic Guidance for Infants and Families Program (TGIF) is a specialized set of services for children and their caregivers in the child welfare system. The Families in Recovery Staying Together (FIRST) serves women and children in residential substance abuse programs.

#### Referrals accepted from:

- **Internal**
- **External (Community wide)**

Internal referrals only for FIRST program. Accepts referrals from Children’s Hospital, Social Services, Daycare Programs and other agencies.

*For your larger early childhood program(s), do you accept clients who are not full scope Medi-cal?*

- **Yes**  
- **No** Please check with Intake Coordinator.
Population Served: Children up to the age of 18
Geographical Area Served: Alameda County

Program Description:
This program provides medication assessment, treatment and management, case management, and coordination of care with other programs for children under 18 years old. Priority is given to children in foster care, kinship care, or at risk for out of home placement.

Referrals accepted from:
- Internal
- External (Community wide)

Accepts referrals from Children’s Hospital

For your larger early childhood program(s), do you accept clients who are not full scope Medical?
- Yes
- No

What other insurance and funding sources do you have?
Third party payers for contracted services.
### Population Served:
- Children under 12 years old or 5150 admissions

### Geographical Area Served:
- Alameda County

### Services:
- Individual therapy
- Family therapy
- Group therapy
- Infant/child parent dyadic therapy
- Case management
- Supervised visitation
- Medication support
- Developmental & Socio-emotional assessment

### Language Capacity:
- English
- Interpreters Available

### Service Locations:
- Home
- Office
- Childcare
- Other community location(s)

### Program Description:
24-hour crisis stabilization services within the Emergency Department at Children's Hospital for children under 12 years old.

### Referrals Accepted From:
- Internal
- External (Community wide)
Accepts referrals from Children’s Hospital

### For your larger early childhood program(s), do you accept clients who are not full scope Medi-cal?
- Yes
- No

### What other insurance and funding sources do you have?
Will see all children who present at the emergency department

---

**Main Office:**
- 747 52nd St.
- Oakland, CA 94607

**Referrals/Intakes:**
- Social Worker on Call
- 510.428.3000
City of Fremont Youth and Family Services (YFS)  
Infant Toddler Program

**Main Office:**
39155 Liberty St., Ste. E500  
P.O. Box 5006  
Fremont, CA 94537-5006

**Population Served:**
Children 0-5 years

**Geographical Area Served:**
Fremont, Newark and Union City

<table>
<thead>
<tr>
<th>Services</th>
<th>Referrals/Intakes</th>
<th>Language Capacity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual therapy</td>
<td>X</td>
<td>Developmental Guidance</td>
</tr>
<tr>
<td>Family therapy</td>
<td>X</td>
<td>Resource and referral</td>
</tr>
<tr>
<td>Group therapy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Infant/child parent dyadic therapy</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Case management</td>
<td>X</td>
<td>Home</td>
</tr>
<tr>
<td>Supervised visitation</td>
<td></td>
<td>Office</td>
</tr>
<tr>
<td>Medication support</td>
<td></td>
<td>Childcare</td>
</tr>
<tr>
<td>Developmental &amp; Socio-emotional assessment</td>
<td>X</td>
<td>Other community location(s)</td>
</tr>
</tbody>
</table>

**Service Locations:**

**Program Description:**

This program provides relationship-based therapy and case management to families facing various stressors. Typical concerns might be about the child (such as tantrums, eating or sleeping difficulties, aggressive behavior, distressed at separation), the whole family (such as reactions to divorce, death, job loss) or a parent (such as need for support because of depression, health problems, anxiety or trauma).

**Referrals accepted from:**

- [ ] Internal  [x] External (Community wide)

*For your larger early childhood program(s), do you accept clients who are not full scope Medical?*

- [x] Yes  [ ] No

*What other insurance and funding sources do you have?*

Grant from Every Child Counts, City of Fremont General Fund, private health insurance and sliding scale fees.
**Population Served:** Children 2 ½-5 years  
**Geographical Area Served:** Alameda County

**Services:**  
- Individual therapy  
- Family therapy  
- Group therapy  
- Infant/child parent dyadic therapy  
- Case management  
- Supervised visitation  
- Medication support  
- Developmental & Socio-emotional assessment  

**Service Locations:**  
- Home  
- Office  
- Childcare  
- Other community location(s)  

**Program Description:**

EBAC’s Therapeutic Nursery School (TNS) in Oakland provides early childhood education and comprehensive mental health services for children ages 2 ½ through 5 years old who have behavioral, emotional and/or learning challenges.

**Referrals accepted from:**

- Internal ✔  
- External (Community wide) ✔

For your larger early childhood program(s), do you accept clients who are not full scope Medical?  

- Yes ☐  
- No ✔
JEWISH FAMILY AND CHILDREN’S SERVICES OF THE EAST BAY
FIRST STEPS EARLY CHILDHOOD MENTAL HEALTH PROGRAM

MAIN OFFICE: 2484 Shattuck Ave., Ste. 210
Berkeley, CA 94704

REFERRALS/INTAKES: Rebecca Rice (Spanish)
510.704.7480 x522
Valerie Rosenfield
510.704.7480 x700

LANGUAGE CAPACITY:
English
Spanish
Bosnian
Russian
Hebrew
Farsi/Dhari

POPULATION SERVED: 0-6 years, 7-21 in office only

GEOGRAPHICAL AREA SERVED: Alameda, Albany, Berkeley, Emeryville, Oakland, San Leandro, San Lorenzo, Hayward, Pleasanton, Dublin, Livermore, Sunol

<table>
<thead>
<tr>
<th>Services</th>
<th></th>
<th>Services</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual therapy</td>
<td>X</td>
<td>Developmental Guidance</td>
<td>X</td>
</tr>
<tr>
<td>Family therapy</td>
<td>X</td>
<td>Resource and referral</td>
<td>X</td>
</tr>
<tr>
<td>Group therapy</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Infant/child parent dyadic therapy</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Case management</td>
<td>X</td>
<td>Home</td>
<td>X</td>
</tr>
<tr>
<td>Supervised visitation</td>
<td></td>
<td>Office</td>
<td>X</td>
</tr>
<tr>
<td>Medication support</td>
<td></td>
<td>Childcare</td>
<td>X</td>
</tr>
<tr>
<td>Developmental &amp; Socio-emotional assessment</td>
<td>X</td>
<td>Other community location(s)</td>
<td></td>
</tr>
</tbody>
</table>

Service Locations:

Program Description:

This program provides comprehensive, relationship based therapy, consultation, and case management services. Services are focused on behavioral, social/emotional and or developmental needs of children 0-6 and their caregivers.

Referrals accepted from:

☐ Internal ✓ External (Community wide)

For your larger early childhood program(s), do you accept clients who are not full scope Medi-cal?

✓ Yes ☐ No

What other insurance and funding sources do you have?
We accept most private insurance, have a sliding scale, and have limited grant funds for children exposed to domestic violence.
Kidango
Child and Family Support Program

Main Office:
4533 Mattos Dr.
Oakland, CA 94536

Referrals/Intakes:
Julie Kurtz, LMFT
510.744.9280 x25
510.744.9374 (fax)

Language Capacity:
English
Spanish

Population Served:
0-6 years

Geographical Area Served:
Hayward, Oakland, San Leandro, San Lorenzo, Union City, Fremont, Newark, Pleasanton, Dublin, Livermore, Sunol, Berkeley, Alameda, Castro Valley, Emeryville

Services:
- Individual therapy X
- Family therapy X
- Group therapy X
- Infant/child parent dyadic therapy X
- Case management X
- Supervised visitation X
- Medication support X
- Developmental & Socio-emotional assessment X

Service Locations:
- Home X
- Office X
- Childcare X
- Other community location(s) X

Program Description:
This program provides mental health services in childcare programs as well as in the caregiver home and community.

Referrals accepted from:
☑️ Internal ☐ External (Community wide)

Children attending Kidango Child Development sites are eligible as are other qualifying children from the general community.

For your larger early childhood program(s), do you accept clients who are not full scope Medi-cal?

☑️ Yes ☐ No
La Clínica de la Raza
Casa del Sol

Main Office:
1501 Fruitvale Ave.
Oakland, CA 94601

Referrals/Intakes:
Intake Coordinator
510.535.6200

Language Capacity:
English
Spanish
(Focus on mono- and bilingual children and families)

Population Served:
Children 0-18, Adults 18+

Geographical Area Served:
Alameda County

Services:

<table>
<thead>
<tr>
<th>Service</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual therapy</td>
<td>Developmental Guidance</td>
</tr>
<tr>
<td>Family therapy</td>
<td>Resource and referral</td>
</tr>
<tr>
<td>Group therapy</td>
<td></td>
</tr>
<tr>
<td>Infant/child parent dyadic therapy</td>
<td></td>
</tr>
<tr>
<td>Case management</td>
<td></td>
</tr>
<tr>
<td>Parent education/support (Spanish)</td>
<td>Service Locations</td>
</tr>
<tr>
<td>Medication support</td>
<td>Home</td>
</tr>
<tr>
<td>Developmental &amp; Socio-emotional assessment</td>
<td>Office</td>
</tr>
<tr>
<td></td>
<td>Other community location(s)</td>
</tr>
</tbody>
</table>

Program Description:
Casa del Sol's Infant Mental Health Program focuses on serving Spanish speaking families where the child has a mental health condition. This program provides relationship-based therapy and case management for children who have a mental health condition. Assessments and treatment use strength based and culturally focused approaches. Typical concerns include: attachment problems, PTSD, depression, anxiety, oppositional behaviors, tantrums, eating or sleeping problems, elimination disorders, and/or aggressive behaviors. In addition to individual, dyadic, family therapy, and case management services for the children/families, additional services are available to family members including. Additional services that are provided in Spanish include: parent education/support groups, adult grief group, crisis stabilization services, domestic violence groups for women, child abuse prevention services, and groups for children who have been exposed to domestic violence. All Staff members are bilingual Spanish/English.

Referrals accepted from:

- Internal
- External (Community wide)

For your larger early childhood program(s), do you accept clients who are not full scope Medi-Cal?

- Yes
- No

What other insurance and funding sources do you have?
Casa del Sol accepts children/families into the early childhood program (0-5 Program) that either have Medi-Cal or are uninsured. Private Insurance, and other forms of Public Insurance, other than Medi-Cal and Uninsured, are referred to their insurance provider.
**La Familia Counseling Service**  
**Outpatient Services**

<table>
<thead>
<tr>
<th><strong>Main Office:</strong></th>
<th><strong>Referrals/Intakes:</strong></th>
<th><strong>Language Capacity:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>26081 Mocine Ave. Hayward, CA 94544</td>
<td>Intake Coordinator 510.881.5921</td>
<td>English Spanish French Mandarin</td>
</tr>
</tbody>
</table>

**Population Served:**  
Children 0-18 years, adults 18+

**Geographical Area Served:**  
Alameda County

**Services:**
- Individual therapy  
- Family therapy  
- Group therapy  
- Infant/child parent dyadic therapy  
- Case management  
- Supervised visitation  
- Medication support  
- Developmental & Socio-emotional assessment

**Service Locations:**
- Home  
- Office  
- Childcare  
- Other community location(s)

**Program Description:**
This program provides services to infants, children, and families. Infant and early childhood/parent therapy focusing on culturally competent behavioral, social/emotional and or developmental needs of children 0-6.

**Referrals accepted from:**
- ☑ Internal  
- ☑ External (Community wide)

Referrals received from within agency and from community agencies and school sites.

For your larger early childhood program(s), do you accept clients who are not full scope Medical?
- ☑ Yes  
- ☐ No

What other insurance and funding sources do you have?
Victim of crime (VOC), private insurance
Family Paths
Early Childhood Mental Health Treatment Program

Main Office:
1727 MLK Jr. Way, Ste. 109
Oakland, CA 94612

Population Served:
Children 0-5 years

Geographical Area Served:
Alameda County

Referrals/Intakes:
Intake Coordinator
1.800.829.3777
510.893.5444

Services:
- Individual therapy
- Family therapy
- Group therapy
- Infant/child parent dyadic therapy
- Case management
- Supervised visitation
- Medication support
- Developmental & Socio-emotional assessment

Language Capacity:
- English
- Spanish

Program Description:
This program uses a strength based early intervention model to provide infant/child /parent psychotherapy and case management services. Services focus on the relationship between the parent/caretaker and the young child. Has limited capacity to see children in our ECMHP past age 6. Otherwise we can refer them to our Families in Transition Program who see's a bulk of our clients 6 and up.

Referrals accepted from:
- Internal ✓
- External (Community wide ✓

PSS Hotline, Access, CFS, Community Agencies

For your larger early childhood program(s), do you accept clients who are not full scope Medical?

✓ Yes □ No

What other insurance and funding sources do you have?
City of Oakland OFCY and Measure Y funding for families who have been exposed to family or community violence in the City of Oakland.
### FAMILY PATHS
#### FAMILIES IN TRANSITION PROGRAM

**Main Office:**
1727 MLK Jr. Way, Ste. 109
Oakland, CA 94612

**Referrals/Intakes:**
Hotline
510.893.5444

**Language Capacity:**
English
Spanish
Chinese (Mandarin and Cantonese)

**Population Served:**
5-21 years (5-18 for referral)

**Geographical Area Served:**
Alameda County

#### Services:
- Individual therapy
- Family therapy
- Group therapy
- Infant/child parent dyadic therapy
- Case management
- Supervised visitation
- Medication support
- Developmental & Socio-emotional assessment

#### Service Locations:
- Home
- Office
- Childcare
- Other community location(s)

### Program Description:
This program is a comprehensive, intensive therapy/case management service designed to work with children up to age 21 who have a mental health diagnosis and are at risk of out of home placement or display serious problems with their school or social behaviors.

### Referrals accepted from:
- **✓** Internal
- **✓** External (Community wide)

Family Paths Hotline, Access, CFS, Community Agencies

*For your larger early childhood program(s), do you accept clients who are not full scope Medi-cal?*

- **✓** Yes
- **☐** No

*What other insurance and funding sources do you have?*
City of Oakland of CY and Federal Grant Funding (EL0A).
Population Served: 0-5 years, pregnant and parenting teens under 21 years and their children, 0-5 children of moms with substance abuse programs

Geographical Area Served: North Alameda County and San Leandro

Services: Individual therapy X Developmental Guidance X Family therapy X Resource and referral X Group therapy X
Infant/child parent dyadic therapy X Service Locations: Case management X Office X
Supervised visitation X Childcare X
Medication support X Other community location(s) X
Developmental & Socio-emotional assessment X

Program Description:

Bright Futures
Our Bright Future program provides outpatient mental health services specializing in:
1. Pregnant and parenting adolescents 14-21 as well as parenting adolescents who have children up to age 5. Presenting issues include: depression and developmental delays and/or other mental health concerns which impact the ability of the adolescent parent to have healthy, emotionally stable lives and their ability to nurture maternal/parental bonding and attachment.
2. Infants and children, birth – 5, and their care-givers, of women who have substance abuse issues. Our approach is to work with family system, while focusing on the mother and child dyad, to support healthy early childhood development by improving the attachment between parents and children.
Currently focus on children 0-5 and teens.

Referrals accepted from:

✓ Internal ✓ External (Community wide)

For your larger early childhood program(s), do you accept clients who are not full scope Medi-cal?

✓ Yes □ No

What other insurance and funding sources do you have?
Only serves Medi-cal clients.
Every Child Counts, AFLP, Cal Learn, TCM
**Population Served:** Children 0-18

**Geographical Area Served:** Alameda County

**Services:**
- Individual therapy
- Family therapy
- Group therapy
- Infant/child parent dyadic therapy
- Case management
- Supervised visitation
- Medication support
- Developmental & Socio-emotional assessment
- Developmental Guidance
- Resource and referral

**Service Locations:**
- Home
- Office
- Childcare
- Other community location(s)

**Program Description:**
This program specializes in serving children with developmental concerns and/or delays, behavioral, social emotional, or attachment concerns, possible disabilities (physical, cognitive, sensory) or significant medical issues (prematurity/medical fragility, birth defects, surgeries, failure to thrive, illness). The program also specializes in serving children whose parents/caretakers have disabilities (including physical, cognitive, sensory, and mental health/emotional) or significant medical issues. Based in the disability and Deaf communities, this program provides a unique specialized service with expertise regarding mental health, developmental, cultural and adaptation issues associated with infant/child and family disability and deafness.

**Referrals accepted from:**
Agency accepts children 0-18 who are Medi-Cal clients in Alameda County. TLG also serves some families and children up to age 18. Parameters depend upon grant availability. Please call to inquire about funding for older children.

- ✔️ Internal ✔️ External (Community wide)

*For your larger early childhood program(s), do you accept clients who are not full scope Medi-cal?*
- ✔️ Yes □ No

*What other insurance and funding sources do you have?*
Regional Center of the East Bay; OFCY; City of Berkeley; Safe Passages/ELOA; Victims of Crime; First Five Contra Costa County; foundation grants.
### Program Description:

This program provides strength based, culturally and linguistically responsive therapy case management and developmental guidance to the following populations; infants and children (0-5) and their caregivers/families (including caregiver-child dyadic attachment based therapy, play therapy, collateral sessions with family to support child), and pregnant and parenting teens/young adults and their children. School-based services in Hayward and San Lorenzo Unified School Districts.

**Referrals accepted from:**

- ✔ Internal
- ✔ External (Community wide)

TVHC accepts both internal and external referrals.

*For your larger early childhood program(s), do you accept clients who are not full scope Medical?*

- □ Yes
- ✔ No